



Opening Times:

Fitness Centre: 6am — 10pm


Spa: 10am — 10pm

Tel: 04 426 1020


Email: dxb-spa@atlantisthepalm.com

Web: atlantisthepalm.com

ATLANTIS
THE PALM, DUBAI



Journey into another world.
The Spa Atlantis



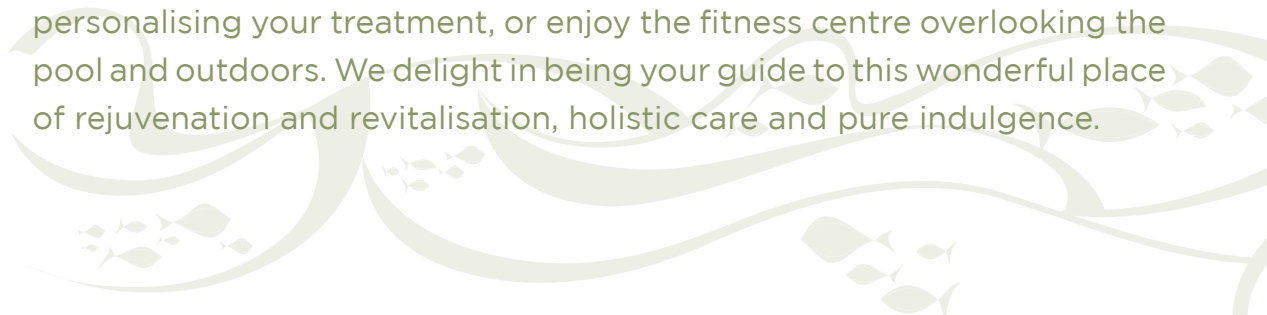


The Spa at Atlantis presents a memorable experience, awakening your senses within awe-inspiring and serene water surroundings. Set over two magnificent floors within the Royal Towers of Atlantis, the Spa provides a sublime range of treatments, bathing options, traditional and water therapies.

With his and her separate pampering areas and sessions, every guest can find the ideal treatment or therapy. The six Laconium thrones in his quarters serve to stimulate circulation and strengthen the body's defence system.

Walk the earth-hue natural stone steps along streaming water pathways to one of the 27 treatment rooms or discover the secluded Royal Spa Suite featuring a separate, private relaxation lounge, private outdoor terrace off the double treatment room and an extraordinary sanctuary with pedestal tub and overhead rain forest fall, where water cascades down from above.

We welcome each guest and visitor warmly, extending an invitation to sample our spa products, talk with our spa hosts for assistance in personalising your treatment, or enjoy the fitness centre overlooking the pool and outdoors. We delight in being your guide to this wonderful place of rejuvenation and revitalisation, holistic care and pure indulgence.



Spa Journeys

Royal Spa Suite (from 3 hours)

1 person: (3 hours) AED 2,160

2 persons: (3 hours) AED 3,360

Additional hours AED 600 per person

Middle Eastern Aqua Cure (2h30min) AED 1,440

Tropical Aqua Cure (2h30min) AED 1,530

Amazon Deep Forest Aqua Cure (1h40min) AED 1,020

Dubai Glamour Ritual (2h30min) AED 1,380

Atlantis Sunset Ritual (2h30min) AED 1,320



Body Therapies



Rejuvenating Green Tea Wrap

(60 min) AED 480

Purifying Seaweed Wrap

(60 min) AED 480

Sea Mineral Scrub

(60 min) AED 420

Marine Body Polish

(60 min) AED 420

Water Therapy

(20 min) AED 240

Detoxify

Restful

Renewal

All prices are inclusive of 10% service charge and 10% authorities' fee.

Super Detox Treatment

Ultra Ionithermie

(90 min) AED 475

Firms, tones, controls problem areas - hips, thighs, buttocks, abdomen

Cheek Lift Treatment

The Derriere Treatment

(90 min) AED 475

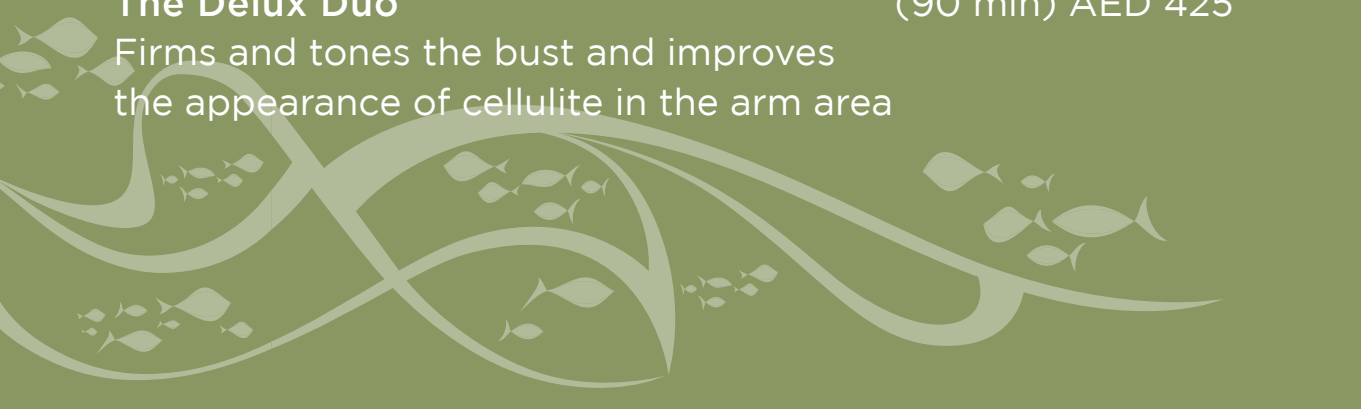
Lifts the muscles of the buttocks and targets the buttocks and hips area that create a pear shaped figure. Reduces fluid retention in the legs and firms and tones the stomach

Bust & Arms Treatment

The Delux Duo

(90 min) AED 425

Firms and tones the bust and improves the appearance of cellulite in the arm area



Massages



Thai	(60/90 min) AED 510/654
Desert Hot Stone	(90 min) AED 816
Swedish	(60/90 min) AED 510/654
Back, Neck and Shoulder	(30 min) AED 360
Sport Aqua Vitae	(90 min) AED 654
Herbal Fusion	(60/90 min) AED 510/654
Jet Lag Recovery	(60/90 min) AED 510/654
Detoxifying Seaweed	
Body Massage	(60/90 min) AED 510/654
Lymphatic Drainage	(90 min) AED 654
Rejuvenating Foot Retreat	(60 min) AED 510
Mother to be Massage	(60 min) / AED 510



All prices are inclusive of 10% service charge and 10% authorities' fee.

Clarins Treatment

Facial Treatments

(50 min) AED 450

Anti-Ageing Facial -Age Control treatment

Hydrating Facial- Ultra hydrating treatment

Purifying Facial -Truly matte treatment

Soothing Facial- Ultra-gentle treatment

Body Treatments

(50 min) 450 AED

Slimming Body- Total Body Lift treatment

Hydrating Body- A super moisturizing treatment

Firming Body Treatment

Men's Treatments

(50 min) 450 AED

Men's Facial Treatment

Objective Anti Fatigue



The Beauty Salon



Scalp Treatments

Lime Blossom Scalp Treatment

(25 min) AED 210

Shiatsu Scalp & Hair Treatment

John Masters

(25 min) AED 390

Hair

Shampoo & Blow Dry

Short or Medium Hair

Long Hair

AED 210

AED 240

Highlight/Roots Colour

Child's Haircut (under 12)

Roots Colour

Full Colour

from AED 336

AED 100

AED 300

AED 350

Shampoo, Cut & Blow Dry

Short or Medium Hair

Long Hair

Evening Hairstyle

AED 280

AED 300

AED 330

Highlights

Full Head - Long Hair

Full Head - Short Hair

Half Head - Long Hair

Half Head - Short Hair

AED 470

AED 390

AED 390

AED 300

All prices are inclusive of 10% service charge and 10% authorities' fee.

Manicure and Pedicure by Bastien

Bastien Gonzalez is famous worldwide for his glamorous and unique approach to foot treatments. The passion for his profession has led to a unique status in terms of quality, innovation and “savoir-faire”. His international experiences as a foot specialist as well as his cosmopolitan clientele have earned him the status of “Foot Virtuoso”. Bastien Gonzalez has developed a range of treatments for the well being and the beauty of feet, hands and nails – many of which are available at Atlantis.

Bastien’s Combination	(60 min) AED 720
Pedicure de Bastien	(60 min) AED 470
Manicure de Bastien	(45 min) AED 310
Bastien’s Foot Massage	(35 min) AED 360

All prices are inclusive of 10% service charge and 10% authorities’ fee.





Treatments for Her



Desert Rose Quartz Facial

(90 min) AED 690

The Palm Signature Deep
Cleanse Facial

(60 min) AED 510

Rose Blossom Facial

(80 min) AED 684

Fragrant Jasmine Rejuvenation

(80 min) AED 684

Express Radiance

(45 min) AED 390



All prices are inclusive of 10% service charge and 10% authorities' fee.

Treatments for Him

Facial Treatments

Natural Hydrating Facial for Mature/Dehydrated Skin	(60 min) AED 510
Natural Purifying Facial for Normal to Oily/Impure Skin	(60 min) AED 510
Natural Balancing Facial for Combination Skin	(60 min) AED 510
Male Maintenance	(75 min) AED 550
Traditional Shave	(30 min) AED 250
Royal Shave	(45 min) AED 310

Scalp Treatments

Lime Blossom Scalp Treatment	(25 min) AED 210
------------------------------	------------------

Shiatsu Scalp & Hair

Treatment (John Masters)	(60 min) AED 390
--------------------------	------------------



Treatments for Him

Hair

Haircut	AED 156
Shampoo and Cut	AED 240
Child's Haircut (under 12)	AED 100
Blow Dry	AED 100
Highlight/Roots Colour	from AED 336
Moustache Trim	AED 78
Beard and Moustache Trim	AED 120
Neck Clean Up	AED 60

Waxing

Chest/Back	AED 144
------------	---------

Threading

Eyebrows	AED 50
Full Face	AED 200

All prices are inclusive of 10% service charge and 10% authorities' fee.