

SPA ETIQUETTE

When enjoying a relaxing spa experience, worries about what to do and where to go should be the last thing on your mind.

The spa is a place of quiet refuge. Please ensure your mobile phone is placed on silent and that you speak in a low tone, both for your own comfort and the comfort of other guests.

To ensure we have a true understanding of your needs and to make your time with us as pleasurable as possible, we kindly ask you to arrive 5 to 10 minutes ahead of time. Unfortunately arriving late will not only lessen the effectiveness and pleasure, but will simply limit the time for your treatments and we may need to cut your time a little short to accommodate our next guest.

The spa will provide robes, slippers and disposable underwear where applicable for your use. Undergarments should be worn to ensure your complete privacy and modesty throughout your time with us. We allow eating only in the outdoor relaxation area and we also provide our healthy Food and Beverage spa menu.

Professional recommendations and prescriptions are available from our treatment specialists and can be purchased at the Satori Spa reception. Also, gift vouchers can be purchased for a specific service, package or amount at the spa reception.

If you must cancel your appointment with us, please try to give us at least 6 hours notice. Less than 6 hours notice may lead to 50% of your treatment charge to you. For No Show 100% will be charged to your account. All prices are inclusive of 10% Municipality fee and 10% Service Charge.

Satori Spa is open for treatments from 8:00 to 20:00 daily. Advance booking is essential and at the time of reservation, please advise us if you are using skin medication, have allergies, have recently undergone cosmetic surgery or are pregnant. Acknowledging these conditions will allow us to make the relevant reservation.

For inquiries or bookings please call Satori Spa on:

+971 4 809 6232 or +971 4 809 6100 Ext. 6232

E-mail: BASSpa@meydanhotels.com



WELCOME

Leave behind the stresses of busy life, stop time for a few hours and relax in our oasis of calm and tranquility.

Welcome to Satori Spa.

Let our friendly, professional and experienced therapists take you to a place of quite refuge.

Submerge your senses in an atmosphere of absolute serenity. Your journey begins the minute you enter our door.

ALTERNATIVE THERAPIES

REFLEXOLOGY - 50 mins

AED 400

An application of pressure point massage on specific reflex zones of the feet will improve circulation, ease pain, and relax the body. This ancient treatment uses applied pressure on specific areas of the feet which correspond to specific body parts, organs and glands. Pressure to these points can bring about a welcome change and improve overall wellbeing.

EAR CANDLING - 50 mins

AED 400

Primarily used for wax buildup and related hearing problems, ear candling is also used to relieve sinus problems and headaches. The narrow end of a specially designed hollow candle is placed at the entry of the ear canal, while the opposite end is lit. This treatment leaves you feeling refreshed and revived.

SIGNATURE TREATMENTS

BLISSFUL DESERT ROSE EXPERIENCE - 3 hrs

AED 1400

Start with an invigorating all over body exfoliation using finely ground olive pits blended with Renew Rose body wash. The exfoliation refines the pores and reveals fresh new skin, after which you are enveloped in layers of Renew Rose Body gel. With Renew Rose Body Oil, your therapist will use carefully applied pressures to stimulate the nervous system. Swedish and neuromuscular techniques to relieve muscular tension, and lymphatic drainage to encourage healthy circulation, all combined in an intense head to toe massage. Continue to relax while your body is layered in hydrating Rose Body cream and enveloped in a cocoon of heated blankets. Enjoy a luxurious facial with regenerative properties of rose to nourish, soften and hydrate, leaving your skin radiant, dewy and delicately scented. Finally, a scalp massage using an inhalation of Frankincense releases tension and encourages deep relaxation and spiritual awareness.

Your skin has never felt so amazing!

Body Exfoliation – Aromatherapy Massage – Body Wrap – Luxurious Facial – Scalp massage

DESERT SPA INDULGENCE - 2.5 hrs

AED 1100

Indulge your senses with this sensual ritual which will leave your skin glowing and deeply moisturized. Start with a dry skin brush exfoliation to enliven the skin. Lie back and allow this treatment to be intensified with a Balinese massage using hydrating essential oils of your choice. Enjoy a facial which includes skin analysis and a scalp and face pressure point massage, ending with a nourishing face mask and moisturizer suitable for your skin type, giving visible results. Finally a pressure point massage is performed on the feet to improve your overall wellbeing. Rehydrate your body, re-energize your senses in layers of luxury and reach unknown levels of relaxation.

Dry Body Brush – Balinese Massage - Prescriptive facial – Neck and Scalp Pressure Points

SIGNATURE TREATMENTS

SATORI BODY SENSATION - 2 hrs AED 950

Feel cleansed inside and out with this powerful treatment. Start with a session in the steam room to relax your tense muscles. Allow your body to be exfoliated all over, encouraging the removal of toxins. You can then enjoy a Body Reviver Massage that will warm the muscle and relax the mind. Your body is then gently wrapped in a hydrating detoxifying mask, and enveloped in a cocoon of heated blankets. As you detoxify, is taking place naturally, a scalp massage with Frankincense encourages deep relaxation. Your body is then treated to the application of gels and creams increasing your sense of well-being.

Steam- Body Exfoliation –Body Reviver Massage - Body Wrap – Scalp massage

DESERT DELUXE DUO - 1 hr 25 mins AED 650

This luxurious facial harnesses the regenerative properties of roses to nourish, soften and hydrate all skin types, helping also to boost your circulation and promote cell renewal and regeneration. While you relax with the face mask you will enjoy a stimulating foot massage including reflex points that dissolve blocked energy and relax the entire body, leaving you feeling renewed and transformed.

Luxurious facial – Foot and Hand Reflexology

FACE AND BODY ADD-ONS

RENEW EYE TREATMENT - 40 mins AED 350

Refresh eyes and counteract the look of dark circles and fine lines as anti-oxidants in Cranberry, Black Tea and Arctic Strawberry get to work on puffiness. Shea Butter and Rose Water optimise water retention to combat dryness.

TENSION RELIEVE SCALP NECK MASSAGE - 25 mins AED 250

This pressure point massage relieves and prevents headaches and promotes mental clarity. Frankincense encourages deep relaxation and spiritual awareness.

MINI FACIAL - 25 mins AED 300

To create complete indulgence, combine any body treatment with an Aromatherapy facial cleanse with a toning facial massage with hydrating lotion.

HANDS AND FEET

ABSOLUTE FOOT RITUAL - 50 mins AED 400

Say goodbye to tired feet with this luxury spa treatment that will leave your feet soft and light with extract of ginger, green tea and cooling mint. This treatment includes an energizing foot soak, exfoliation, luxurious foot mask and massage.

ABSOLUTE HAND TREATMENT - 25 mins AED 250

Feel the softness of fresh rose petals fall between your fingers as your hands are bathed and massaged in intensely rich and moisturising oils, gels and creams of Renew Rose.

SATORI FACIALS

BACK CLEANSE - 50 mins AED 475

Soothe upper body tension with this deeply relaxing and cleansing treatment for the back. Clear away dead skin with this intensive scrub, mask and deep tissue massage making you feel new and energised.

EXCLUSIVE MEN'S FACIAL - 50 mins AED 475

Freshening and brightening plant extracts and essential oils leave the skin clear and invigorated.

HAIR & SCALP TREATMENT - 50 mins AED 420

Indulge yourself with this incredible hair and scalp treatment. The treatment starts with a soothing scalp massage using pressure points that works to relieve tension and stimulate blood circulation. Followed by a deep nourishing hair and scalp mask with special blended oils, during which you can enjoy a shoulder and neck massage to enhance effectiveness.

RITUALS

SATORI EXTRAVAGANCE - 5 hrs AED 1500

Begin the day with a welcoming foot ritual and consultation by your therapist. You will then enjoy an all over body polish that gently glides over your skin to soften and cleanse before being wrapped in a stimulating Pink Grapefruit and Juniper Berry mask. A vast array of delectable spa cuisine then follows suit. Melt away tension with the blissful Body Reviver massage, then relax with a Radiance Facial that will cleanse, hydrate and soften the skin.

Body Exfoliation - Body Wrap - Reflexology - LUNCH - Body Reviver Massage - Radiance Facial - Scalp Massage

SATORI FOR MEN - 2.5 hrs AED 1150

A back exfoliation and mud mask draws out impurities and rebalances the skin, this is followed by a Muscle Release massage to ease aches in specific areas of the body. A face and neck treatment using freshening plant extracts and essential oils leaves the skin clean, clear and invigorated. The stimulating scalp massage increases circulation to hair follicles, whilst a foot massage, using reflex pressures, leaves the body and mind balanced.

Deep cleansing back exfoliation and mask – Deep Tissue Massage - Facial – Scalp Massage

SATORI DETOX - 2.5 hrs AED 1100

Detox and tone with this invigorating and effective body treatment. Start your treatment with a dry brush exfoliation to enliven the skin followed by a stimulating massage to buttocks, thighs and stomach which encourages effective circulation to help flush out toxins while refreshing the skin. Continue with a warm mud mask while you are cocooned in a comforting wrap. Next, a deep cleansing facial that purifies and hydrates, leaves you relaxed and your skin glowing.

Dry Body Brush –European Massage - Detoxifying Body wrap – Deep Cleansing Facial

RITUALS

SATORI DE-STRESS RITUAL - 2 hrs

AED 1100

A regal treatment that improves blood circulation and flushes out the toxins from your body to give you a heavenly sense of relaxation. Start with a deep nourishing hair and scalp elixir with special blended oils, followed by an invigorating all over body exfoliation using finely ground olive pits. To enhance effectiveness, the final finish of a draining massage realigns the system, leaving the body free of toxins and built up tension.

Hair and Scalp Treatment – Body exfoliation - Face and Body Massage

SATORI REJUVENATE - 2 hrs

AED 950

Relax into a back and shoulder massage using carefully applied spinal pressure easing away the day's stress and bringing body and mind back into balance. Nourish with a beautifying and luxurious Damask Rose facial while a soothing massage to lower legs, ankles and feet encourages effective relaxation.

Back, neck and shoulders massage – Luxurious Rose Facial – Massage to lower legs and feet – Scalp massage

SATORI ENCHANTMENT - 2 hrs

AED 950

Begin your day with a beautiful lemon ginger, green tea and cooling mint foot soak that will leave your feet soft and bright. Treat yourself to layers of luxury and feel the softness of rose petals fall between your fingers as your hands are bathed and massaged in intensely rich moisturizing oils, gels and creams of Rose. A pressure point scalp massage will ease away tension with essence of frankincense. Our beautifying and luxurious Radiance Facial softens, moisturizes and nourishes using natural Rose water, Geranium and Evening Primrose to support circulation and purify your skin.

Foot Ritual - Hand Treatment - Scalp Pressure Point Massage - Indulgence Facial

SATORI FACIALS

TOTAL INDULGENCE FACIAL - 80 mins

AED 790

This facial includes a back and shoulder massage using carefully applied spinal pressures to target the nervous system, easing away the day's stresses and strains and bringing body and mind back into balance. The facial will leave your skin toned, polished, deliciously scented and radiant. You will leave the spa glowing from the inside out!

RADIANCE FACIAL - 50 mins

AED 525

A beautifying facial that softens, moisturises and nourishes, using natural Damask Rose water, Geranium and Evening Primrose oil to support circulation and purify your skin.

ROSE ANTI-AGE FACIAL - 80 mins

AED 690

This facial uses the age old properties of Rose and Frankincense to smooth and revitalise skin texture and encourage cell renewal. A soothing back massage is followed by a double layer of masks interspersed with a series of relaxing yet firming facial massages that concentrate on the areas most affected by the ageing process.

BALANCE FACIAL - 50/80 mins

AED 525/650

The regulating power of Ylang-Ylang and the antiseptic properties of Lavender and Tea-Tree are used in this treatment to refresh the skin and help balance its natural sebaceous secretions.

BODY TREATMENTS

BODY HARMONY - 50 mins

AED 475

Enter a state of deep, meditative relaxation. After a full dry body brush, your body is enveloped in a comforting wrap of releasing, relaxing and fortifying Frankincense, Chamomile and Rosemary. A neck, shoulders and scalp massage frees up your mind and eases the stresses and strains of an emotionally demanding lifestyle.

Dry body brush– Body wrap – Shoulder, neck and scalp Massage

ROSE BLISS - 90 mins

AED 625

Indulge in this nourishing and deeply moisturising treatment. Start with an invigorating full body exfoliation using finely ground olive pits. Continue with a session in the steam room to relax your tense muscles. A traditional Balinese massage with naturally blended oils will follow to warm the muscles and relax the mind.

Exfoliation – Steam - Massage

DESERT DELIGHT - 50 mins

AED 475

An invigorating all over body exfoliation, including face, using finely ground olive pits blended with a selected body wash. Choose De-Stress for deep relaxation, Revive to release and eliminate unwanted toxins, or Rose to deeply nourish and moisturize. As a final touch, the skin is nourished and hydrated with an Aromatherapy body moisturiser, leaving you feeling silky smooth and refreshed.

SATORI MESSAGES

BALINESE MASSAGE - 50/80 mins

AED 550/700

A traditional Balinese massage that combines a special selection of naturally blended oils to warm the muscles and relax the mind.

SATORI BODY REVIVER - 50/80 mins

AED 495/675

Inspired by the traditional Kahuna Massage with a hint of Balinese flavour, the Satori Body Reviver is a unique massage experience that will transport you to the tropical beaches of Hawaii.

WELLNESS BACK MASSAGE - 25/50 mins

AED 275/475

Focusing purely on the back, neck and shoulders to relieve tension and aching muscles.

DEEP TISSUE MASSAGE - 50/80 mins

AED 525/700

A deep and intense full body massage treatment designed to work on stiff, tight and tired muscles.

EUROPEAN MASSAGE - 50/80 mins

AED 525/675

The focused massage movements eliminate stress and tension leaving the body feeling energised and completely relaxed.

ORIENTAL SHIATSU MASSAGE - 50 mins

AED 495

A unique dry acupressure massage that will stimulate your body's meridians to rebalance and re-energise the body.

INDIAN HEAD MASSAGE - 50 mins

AED 475

This treatment offers a special technique which focuses on the scalp, neck and shoulders to relieve tension and stress as it rebalances the body's energy flow.

SATORI MESSAGES

HOT STONE AROMATHERAPY MASSAGE - 80 mins

AED 720

A full body and face massage using warmed basalt stones, relieves the muscles, aches and pains and soothes the soul. The grounding effect of the stones provides a physical and mental comfort. The basalt stones are imbued with energetic and healing qualities allowing you to have a total body, mind and spirit experience.

HOT STONE AROMATHERAPY BACK MASSAGE - 30 mins

AED 350

A warming, intense, yet soothing massage using warmed basalt stones, dissolving tension in the back, neck and shoulder area with a blend of essential oils designed to relax and de-stress.

REAL AROMATHERAPY EXPERIENCE - 80 mins

AED 675

A true Aromatherapy massage that combines the power of pure essential oils with a specialized massage drawn from the traditions of both East and West, concentrating on the back, scalp, face, neck, shoulders and feet.

PREGNANCY MASSAGE - 50 mins

AED 475

A balancing and nourishing treatment to harmonise the emotions, soothe the body and nourish the skin. Relieving massage techniques cover the whole body and face to ease the changes that take place over the nine months of pregnancy.

COUPLES MASSAGE - 50/80 mins

AED 1100/1400

Start off with a session in the private fragranced steam room to relax your tense muscles, and then submerge your senses, together with your partner, in an atmosphere of absolute serenity as you share your spa experience in our luxurious private suite for couples.