

## *Surfing*



*For reservations please contact a member of the Recreation Team at extension 10. Reservations are based on availability and a 24-hour advance booking is recommended. A cancellation policy is applicable to all reservations. All prices quoted are subject to 10% service charge and a 3.5% government goods & services tax..*



**Surfing at Four Seasons Kuda Huraa Maldives**  
**Ticket to Ride 2010**

All surfers wishing to surf from Four Seasons Kuda Huraa can do so under the 'Ticket to Ride' system. Surfer numbers are limited so booking in advance is recommended and also cheaper. Tropicsurf manages the service.

Your basic ticket to ride entitles you to: -

- One doni boat transfer per day. (3.5 hours. Towels and bottled water provided. Note – can be upgraded to 2 surfs.)
- Expert guidance and water safety
- Coaching tips from expert coach using our RIDE program
- Complimentary use of stand-up paddle boards
- Daily surf report
- Tropicsurf gift (3 day+)
- Complimentary access to Tropicsurf's surf movie library
- Access to booties, wax, sunscreens, rash guards, towels, water, reef-safe leashes
- Board valet service

**2010 Rates**

<b>Half Day Surfing</b>	<u>Level 2,3</u>	\$250/day Or \$720 to complete full level course over 3 days
	<u>Level 4</u>	\$195/day Or \$550 to complete full level course over 3 days
	<u>Level 5-10</u>	\$150/day
<b>Upgrade to full day</b> (Two surfs. Level 5+ only. Note: morning session goes to open graded surf and afternoon normally to smaller, easier surf.)	<u>Level 5-10 only</u>	Add \$50/day

*\*All rates are in \$USD. \*Competency test may be required to enter Level 5 programs. \*Poor weather program may include stand up paddle, waterman breath training, surf movies, surf coaching, educational talks or stretch class.*

**Options**

<b>Surfboard Hire</b> – A selection of surfboards are available for hire. Please pre-book well in advance.	\$50 per day or \$250 per week. (Damage excess applies if broken)
<b>Speedboat half or full day excursion</b> - to South Male Atoll's best surf breaks.	Add \$600 / \$900
<b>Seaplane surfari</b> – The ultimate ride. Discover secret spots and your very own surfing nirvana.	POA
<b>Waterman</b> – Choose expert tuition in breath improvement training, stand up paddling, learn to swim or ocean confidence. No prior experience required.	\$100 per hour
<b>Private</b> – your own personal, senior guide for private surf excursions or intensive coaching program.	\$800 per day plus guide expenses
<b>Non surfers</b> – sightseeing boat ride to surf break	\$30 per boat trip

*\*All rates are in \$USD.*

**Beginners**

Tropicsurf's *Dream* program is a detailed instructional course for novices.

Level one: Starting in the calm waters of the Kuda Huraa lagoon you'll learn about safety, equipment, reading waves and surfing techniques. No prior experience is required

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though reasonable fitness is important. Proven competency at level one qualifies you to hit the waves in a level two course.

Cost \$100 USD per person per hour. (Two hour minimum. Competency test determines if and when you are ready to progress to Level Two in the surf.) Equipment is provided.

**Level two:** Experience the magical thrill of gliding across your first green waves in a tropical paradise. Warning - the rush of riding a perfect Maldivian wave might change your life forever! Proven competency at level two allows you to then join the ticket to ride program detailed above.

Cost \$250 USD first session. Includes equipment.

### **Session Times – April to November**

Time	Level	Activity	Numbers	TS Experience
8:00am – 11:30am	5-10	Boat to biggest, best surf breaks.	Max. 8	Perfect Wave
1:00pm – 4:30pm	2-4	Boat to smaller, easier waves.	Max. 4	Ride
5:00pm – 7:00pm	1	Beginners lagoon lesson. Or sunset stand up paddle session.	Max. 4	Dream or Waterman

### **Session Times – December to March**

Time	Level	Activity	Numbers	TS Experience
8:00am – 11:30am	2-4	Boat to smaller, easier waves.	Max. 4	Perfect Wave
1:00pm – 4:30pm	2-4	Boat to smaller, easier waves.	Max. 4	Ride
5:00pm – 7:00pm	1	Beginners lagoon lesson. Or sunset stand up paddle session.	Max. 4	Dream or Waterman

\*Session times are subject to change around best surf conditions. Please check with your guide. #Between December and March, only one Level 2-4 session will run per day at a time determined around the tides.

### **Level Overview**

Level	Already able to	Want to Learn	Ideal Conditions
1	Never surfed	Explore surfing, stand up and learn the basics	Lagoon
2	Demonstrate board control. Stand and balance	Stand up and ride your first wave	Small green waves
3	Stand and ride some waves in-consistently	Ride green waves consistently but relying on	Small and soft green waves – chest high

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		instructor push-ins	
4	Ride green waves when pushed in	Catch & ride own green waves with instructor verbal guidance only	Small and soft green waves – shoulder high
5	Ride green waves independently and consistently without any assistance	Increased wave count, ride further, faster and with more control through turns	Medium waves – head high to overhead in size
6	Competent short or longboarder in medium waves. Can ride with full control, make sections, turn and cutback	Make turns faster, more powerful and with more acceleration. Improve bottom turn/top turn combination and style.	Medium to open waves overhead
7 Short	Surf fast through range of speed generating turns. Can roundhouse cutback.	Master floaters, re-entries, tube riding and top turn/off the lip repertoire	Medium to open waves up to double overhead
7 Long	Surf competently through range of turns and cutback with full control.	Cross stepping and start nose-riding	Small to medium waves to head high
8 Short	Competent with re-entries, floaters and tubes	Surf bigger, faster, more vertically and radically throughout range of moves on more critical waves	Open waves double overhead and critical
8 Long	Cross step and get 5 sometimes	Drop knee and roundhouse cutbacks, switch-footing and improve style and motion economy	Medium to open waves overhead
9 Short	Get radical through range of moves in range of conditions	Master advanced moves like layback snaps and carves, tail drop and free-fall floaters off lip, power and slide variations and big wave riding (double to triple overhead range)	Open waves of any size
9 Long	Carve cutbacks, switch stance, nose ride and drop knee with smooth style	Switch stance turns, get ten, smooth style, carving top turns, re-entries, floaters and tube riding	Medium to open waves up to double overhead
10 Short	Execute layback carves, free fall floaters off lip, power snaps and slides – in waves both large and small	Land airs & rotations, waft fins off top, full power rail turns – all with flow, style and spontaneity. Ride any type of wave.	Open waves of any size
10 Long	Surf switch, nose ride with ease, execute carving turns, re-entries, floaters and get tubed	Surf either stance with ease, spins and rotations, nose-riding variations, get 10 variations – all seamlessly with flow and style	Medium to open waves of any size

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