





## ❖ Well-being Cuisine

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Symbol	Meaning
	Well-being Cuisine: Nutritionally balanced
	Balance: ideal combination of complex carbohydrates, starches and proteins. Supplies essential nutrients for the middle of the day or after a work-out.
	Low Carb: the balanced combination of lean protein and complex carbohydrates gives the body a steady flow of energy. Recommended for dinner or a late night snack. Ideal for guests following a low carbohydrate diet.
	Healthy Heart: rich in omega 3 fatty acids and immune boosting nutrients, high in unsaturated fats which help to lower cholesterol and keep your heart healthy.
V	Vegetarian: free from all meat products including poultry, game, fish, shellfish or crustaceans. May contain dairy products or eggs.

## ❖ Nutrition Consultancy

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Fitting healthy meals around a demanding lifestyle is often very difficult, and with daily activity placing unique nutritional demands on the body it can be confusing knowing what to eat, when to eat and why it is important to eat well. Based on a holistic approach to health, fitness and lifestyle, a tailor-made programme designed around your specific goals, leaving you to focus on enjoying special moments at One&Only Reethi Rah.

# All Day Dining

Available from 10.30am to 10.30pm

## ❖ Starter & Salad

 Vietnamese rice paper roll with avocado, king crab, herbs and sweet-sour and spicy dip	☰ ♥	24
 Caprese - 'buffalo' mozzarella and tomato salad with roasted Kalamata olives, basil and olive oil	☺ V	23
 Som Tam Goong Spicy green papaya and green beans salad with grilled marinated king prawn, scallops and cashew nut vinaigrette	☰ ♥	26
Rocket and parmesan salad, shaved fennel	V	21
 Sashimi salad - yellow fin tuna, snapper and salmon with pickles, seaweed salad and soya vinaigrette	♥ ☺	26
Reethi Caesar salad with romaine hearts, shaved parmigiano reggiano and classic dressings:		
<i>plain</i>		24
<i>chicken</i>		26
<i>prawns</i>		28
Grilled satay of chicken, prawn and beef with roasted peanut sauce		24
 'Rah salad' - garden greens, vegetables, tomatoes, quail eggs, avocado and balsamic vinaigrette	☺ V	19
 Salad niçoise with medium grilled tuna, boiled eggs, green beans, white anchovies and kipfler potatoes	♥ ☺	25
 Grilled Thai chicken salad with crispy lemongrass, chili and mint	☰	22
 Italian antipasti Selection of cold cuts, cherry mozzarella, sun dried tomato, artichoke		48
Italian seafood salad with poached prawns, calamari and lobster, shaved fennel, olive oil and lemon		35
Yam Neua Yang Grilled beef spicy salad, lemongrass, onions, chili, lime juice and mint leaves		26
Tod Mann Gung Thai crispy shrimp cakes		28
Taste of Arabian Cold Starter: Hummus		40
Labneh Wine leaves		
Taste of Arabian Hot Starter: Falafel		45
Spinach fatayer Meat sambousek		

V Vegetarian options  
Prepared with spicy ingredients

All prices are in US dollars and subject to 10% service charge plus 3.5% GST



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# All Day Dining

Available from 10.30am to 10.30pm


## ❖ Homemade Soup

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 Poh Bo - Hanoi style beef and noodle soup in fragrant mint and coriander broth	23
Roasted duck and prawns wonton soup with baby spinach and crispy garlic	24
 Vegetable minestrone served with homemade cheese ravioli	≡ V 22
Carrot and ginger soup with sun dried tomato rice ravioli	V 22
Chilled tomato soup with basil marinated spiny lobster	24
Soto Ayam	26
Spiced clear chicken soup with glass noodles, quails eggs, ginger, lemon grass	
Thom Kha Gai	24
Chicken in a spicy green curry prepared with basil leaves, chilies, kaffir lime in coconut milk	

## ❖ Pasta

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Penne with spicy tomato 'arrabbiata' sauce	≡ V 24
Potato gnocchi with beef bolognese and 36 months aged Reggiano sauce	37
 Linguini with clams in white wine sauce, bottarga flakes and parsely	38
Spaghettini with lobster, fresh basil and rossa sauce	42
Fettuccine with basil pesto, French beans, saffron potato	V 28

## ❖ Pizza

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Margherita	V 24
Tomato, mozzarella and oregano	
Tuna	29
Tomato, mozzarella, Indian Ocean tuna, black olives and Sicilian capers	
Quattro Formaggi	V 34
Aged taleggio, gorgonzola, mozzarella and Parmesan	
Prosciutto e Ricotta	34
Tomato, ricotta, mozzarella and Parma ham	
Pepperoni	34
Tomato, mozzarella, spicy salami, bell pepper and onions	
Caprese	V 32
Buffalo mozzarella, sliced tomatoes, fresh basil, toasted pine nuts and pesto sauce	
Rustichella	34
Mozzarella, Parma ham, rucola, cherry tomatoes and aged Parmesan flakes	

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## All Day Dining

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### ❖ Sandwiches & Burgers

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Club sandwich of bacon, lettuce, tomato, egg, grilled chicken and mustard mayonnaise	28
Tuna sandwich on grilled Italian loaf with cucumber, onion, tomatoes and Japanese mayonnaise	26
 Tandoor roasted chicken wrap with cucumber, mint and yoghurt slaw, romaine, roasted bell peppers and feta cheese	≡ 28
Open smoked salmon sandwich with sour cream, caper berry and mix leaves	26
Reethi prawn, egg, avocado and cucumber sandwich with Marie rose mayonnaise	32
Reethi Rah beef burger (choice of Angus or Wagyu) with cheese, red onion confit, vine ripe tomato, lettuce, cucumber and French fries	30/38
Maldivian tuna burger with red onion confit, vine ripe tomato, lettuce, cucumber and French fries	27
Chicken and cheese burger with red onion confit, vine ripe tomato, lettuce, cucumber and French fries	28

### ❖ Local & Oriental Cuisine

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 Maldivian style 'blonde' curry (vegetable or fish) with pandan leaves and papaya sambal, steamed rice and chapatti bread	28/32
Divehi Ihi Riha Maldivian lobster curry cooked with coconut milk and local spices	48
 Indian tasting curry - dhal makhni, Madras potatoes and steamed rice with butter naan and condiments	V 34
Reethi Tandoori Kebab Platter Selection of chicken, lamb and fish kebab cooked in tandoor served with condiments	42
Murgh Makhni - Butter chicken cooked in tomato onion gravy served with Indian naan and basmati rice	38
 Fat free' vegetables and stir-fried organic tofu	V 30
Gai pad Med Ma-Maung Stir-fried chicken with cashew nuts, spring onion, dried chili and jasmine rice	38
 Nua Phad King Wok-fried beef with ginger and shitake mushrooms served with steamed rice	38
 Fragrant Thai green curry of prawn or chicken with baby eggplant sweet basil and steamed rice	38 /36
Stir fried Hokkien noodles with chicken, Asian vegetables and spring onions	32
Nasi Kuning Balinese style yellow rice with shredded chicken and long bean salad with sambal matah and sambal ulak	28

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# All Day Dining

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## ❖ Mains

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	Rare-grilled Maldivian yellow fin tuna fillet with a spicy avocado, coriander cous-cous and spicy gazpacho sauce		36
	Fillet of salmon poached or grilled in lemon grass, galangal and kafir lime leaf with pomelo-chili salad, nahm jim dressing	😊 ♥	40
	'L' omelette de Sol' - 3 egg whites omelets with herbs, spring onion, asparagus, green beans and spicy tomato sambal	😊	24
	Simply grilled 'Maldivian fish caught daily' with steamed jasmine rice, baby pok choy, ginger, spring onion.		36
	Wood roasted chicken breast with lemon and thyme, Puy lentils and broccolini	☰	38
	Biryani lamb rice, raita and pappadam		38

## ❖ From the Grill

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Reef Fish (Catch of the day)	38
Maldivian Lobster	88
Atlantic Salmon	40
Tuna	36
Prawns	48
Barramundi	42
Chicken Breast	38
Lamb Rack	46

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# All Day Dining

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## ❖ From the Grill

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### Australian Angus Beef:

Tenderloin	200 grams	46
Strip Loin	200 grams	42
Rib eye	200 grams	40

### Australian “Tajima Wagyu” Beef:

Tenderloin	200 grams	94
Strip Loin	200 grams	86

## ❖ Sauce

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Hollandaise, Béarnaise, Bordelaise, Lemon Beurre Blanc  
Gorgonzola Fondue, Forest Mushroom,  
Herbs de Provence Dijon Sauce, Green Peppercorn, Jus Roti

## ❖ Side Dishes

10 per portion

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Beef-Steak Tomatoes and Arugula Salad  
Steamed Rice  
Baked Potato with Sour Cream and Chives  
Flash Fried Crispy Onion Rings  
Creamed Spinach  
Truffle Mash Potato  
Sautéed Snap Peas  
French Fries  
Boiled Green Asparagus  
Thyme Sautéed Mushrooms  
Steamed Broccoli, Brown Butter  
Roasted Baby Carrots  
Sautéed Kipfler Potato with Garlic and Rosemary

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## All Day Dining

*Available from 10.30am to 10.30pm*

### ❖ Desserts

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Vanilla crème brûlée	18
Nougat Glacé with red fruits marmalade	18
Pineapple Carpaccio infused in spices syrup	18
Apple fine tart served with vanilla ice cream	18
Fromage blanc/lemon mousse, red fruits purée on a light almond/pistachio sponge	18
Chocolate mousse with praline crispy biscuits, mango coulis	18
Tropical fresh fruit platter	22
Selection of cheese	28

### ❖ Ice Creams & Sorbets

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8 per scoop

#### Ice Creams:

Madagascar 'Bourbon' vanilla  
Strawberry  
'Caraibe' Valrhona chocolate  
Rum/raisin ice cream  
Maldivian baby banana  
Oreo ice cream

#### Sorbets:

Mango and ginger  
Coconut and lemon grass  
Grapefruits and cointreau  
Red berry and lime  
Passion fruits sorbet

# KidsOnly

Available from 10.30am to 10.30pm

## ❖ Well-being Kids

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Vegetables crudité (V)	8
Vegetarian rice with soya and poached egg (V)	12
Grilled white fish fillet with steamed rice and vegetables	12
Chicken and noodle soup with diced vegetable	12
Penne pasta with tomato sauce and grilled chicken breast	12

## ❖ Around the World

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Spaghetti Bolognese	12
Pizza Hawaii with ham and pineapple	12
Junior cheese burger 100% Angus beef, trimmings and fries	12
Chicken hotdog	12
Golden chicken fingers, vegetable sticks with Japanese mayonnaise	12
San Daniele ham and fresh melon pearls	12
Penne with butter, cream and parmigiano reggiano (V)	12
Pizza margherita with tomato and mozzarella (V)	12
'BLT+C' sandwich = bacon, lettuce, tomato, cheese and fries	12
Grilled tenderloin, sautéed potatoes and garden vegetables	18

## ❖ Desserts

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Vanilla Pana cotta	12
Banana split	12
Cashew nut brownie	12
Assorted home-made cookies	12
Selection of ice creams: Bourbon vanilla, strawberry, chocolate banana ice cream and oreo ice cream	6 per scoop

## ❖ Milkshakes (Kid size)

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Chocolate, strawberry or vanilla

## ❖ Juice (Kid size)

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## ❖ Soft Drinks

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Coca Cola, Diet Coke, Fanta, Sprite, Ginger Ale

# Toddlers Only

*Available for age 0-3 with our compliments*

## ❖ Cereals

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Weetabix with milk

Organic fruit muesli

## ❖ Oat Porridge (*gluten and dairy free*)

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Organic rice, dried apricot and banana

## ❖ Baby Purée

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Please select a combination from the below ingredients

Vegetables	Starch	Herbs & Dressing	Fish & Meat
Pumpkin	Potato	Basil	White fish
Broccoli	Pasta	Spinach	Tuna
Courgette	White Rice	Light Chicken Stock	Chicken
Cauliflower	Couscous	Tomato Sauce	Beef
Carrots		Unsalted Butter	Lamb

## ❖ Imported Blends

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 Garden vegetables

 Spring lamb and vegetables

 Vegetable lasagna

## ❖ Fruits & Sweets

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Arborio rice pudding with strawberry jam

Fresh fruit with yoghurt and Maple syrup

Apple, Pear or Papaya blend

Banana and prune fool

\* Choose from chunky, smooth or liquid purée preparation

# Overnight Menu

*Available 24 hours*

Reethi Caesar salad with romaine hearts, shaved parmigiano reggiano and classic dressings:	<i>plain</i>	24
	<i>chicken</i>	26
	<i>prawns</i>	28
 Caprese - 'bufala' mozzarella and tomato salad with roasted kalamata olives, basil and olive oil		<b>V</b> ☺ 23
Chicken spring rolls with sweet chili dipping sauce		20
Maldivian tuna burger with red onion confit, vine ripe tomato		27
Reethi Rah beef burger (choice of angus or wagyu) cheese, red onion confit, vine ripe tomato, lettuce, cucumber and French fries		30/38
Chicken burger with red onion confit, vine ripe tomato		28
Sandwich selection made to order: freshly or toasted, served with fries		
<i>Choose from</i>		
	Cheddar cheese and tomato	<b>V</b> 20
	Ham and cheese	22
	Avocado, chicken and sweet chili	22
Open smoke salmon sandwich with sour cream, capper berry and mix leaves		26
Pizza Margherita		<b>V</b> 24
Tomato, mozzarella and oregano		
Pizza Rustichella		34
Mozzarella, Parma ham, rucola, cherry tomatoes and aged Parmesan flakes		
Nasi Kuning		28
Balinese style yellow rice with shredded chicken and long bean salad with sambal matah and sambal ulak		
Reef Fish (Catch of the day)		38
'L' omelette de Sol' - 3 egg whites omelets with herbs, spring onion		24
Chocolate mousse with praline crispy biscuits, mango coulis		18
Apple fine tart with vanilla ice cream		18
Vanilla crème brulee		18

*V Vegetarian options*

*Prepared with spicy ingredients*

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