

FACILITIES

Six Senses Spa

The Six Senses Spa offers a wide range of holistic therapies and programmes with internationally trained therapists, wellness instructors and a resident Ayurvedic Doctor. Glass floor-panels beneath massage tables heighten the sensual experience, whilst a Maldivian sand massage presents yet another new encounter. Other facilities include five over water treatment rooms, Yoga/Tai-Chi champa, steam rooms, chill rooms, sauna and a fully equipped over-water gymnasium.

Ocean Paradise Dive Centre

The Ocean Paradise Dive Centre's multi-lingual PADI instructors as well as the small dive group sizes ensure that guests of all experience levels get the best service at all times. PADI dive centre is equipped with the latest equipments and many renowned dive sites including world famous Manta Point are within 10 minutes boat ride from the resort.

Ever Soneva So Fit

"Ever Soneva So Fit" at Soneva Gili by Six Senses takes on a new dimension in fitness adding on the latest state of the art Lifestyle and Kinesis fitness equipment. The new vibrant techno savvy Gym located at the water's edge amidst greenery gives a panoramic and clandestine view of the ocean seen through glass walls. The natural taste in decor, lighting and the ambience created with an option for ones own iPod music appeals to your psyche making the regular workout more exhilarating and a daily must do experience.

Garden

The garden area in Soneva Gili supply many of the fresh fruits, salads, herbs and mushrooms for Soneva kitchen.

Library

The library offers a vast selection of easy reading and reference books, DVD and CD for rental.

"Six Senses Gallery and Sifani" Gift shop and jewellery shop

Both shops offer great gift and souvenir ideas.

LEISURE ACTIVITIES

Activities free of charge

- Group Yoga/Tai Chi session
- Water sports including catamaran, Kayak, windsurfing, canoeing and Hobiecat sailing
- Tennis court, volleyball, table tennis and jogging
- Many board games such as chess, backgammon, trivial pursuit etc.
- Extensive DVD and CD library and i-pods on request

Other activities

- Snorkeling, speed boats/waterskiing
- Sunrise and sunset cruises
- Big game fishing
- Dolphin cruises
- Excursions to the capital city and local islands Scuba Diving



Six Senses Spa



Ayurvedic Treatment



Morning Tai Chi



Sunset Cruise



Snorkeling from Villa's Private Deck