



RETREAT & SPA

MALDIVES

AWAY FROM THE ORDINARY

An escape in the North Ari Atoll amidst the brilliant turquoise waters of the Indian Ocean, W Retreat & Spa - Maldives awaits. Within the treatment rooms of the Away® Spa, you're instantly whisked away to a new level of relaxation. Using exceptional lines of products, our therapies are uniquely designed to rejuvenate the soul and leave you feeling completely cared for. So, why not get away?

Away signatures

Experience expert application methods and customized ingredients while ambient ocean sounds nourish your soul. Scattered scents ease you into complete relaxation. All treatments include an aromatic steam session and a tropical rain shower. While you're with us, sip soothing herbal teas, tonics or delight in a select menu of culinary delights.

AN EXCLUSIVE WHATEVER/WHENEVER® EXPERIENCE

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Crystal Sound Vibrations

Sound is energy. Energy needs to be free flowing. Pure quartz crystal sound vibrations played at the beginning and the end of each session will align your chakra energies and release your body's energy.

Away journeys are a compilation of treatments designed to immerse the senses. A decadent mix of therapies with nature present at every turn. One after the other, treatments focus on reducing stress, healing your body, boosting your spirits and refreshing your looks providing you with energy, balance and harmony.

Jet Away - 110 min - \$290

Perfect defogging treatment for relieving jetlag, or for post-reveling recuperation after a night out at 15 below. Includes:

- balancing steam
- slow-soft aromatic massage: relaxing, decongesting, soothing
- therapeutic wrap
- quick-fix facial mask
- fifteen-minute anti-migraine foot massage
- reviving mist and tea to perk you up

Body Belle - 170 min - \$435

A dream treat. Begins with the I-feel-like-a-goddess foot bath.

Includes:

- melting steam session
- exotic coconut exfoliation
- podhikizhi - hot herbal compress massage
- sublime comfort anti-aging facial
- exquisite honey and milk bath

Mighty Beau - 170 min - \$435

Regain your power. A revitalizing treat that wakes up the dormant energies. Includes:

- reviving steam session
- kativasti - relieving hot oil lower back therapy
- stimulating energy balancing massage
- instant return-to-texture facial booster
- intensive nourishing soak for the man in you

Detox Away - 110 min - \$290

A detoxifying massage using specially selected herbs and hot oils to promote the release of toxins from the body. Continue with a purifying and detoxifying ayurvedic facial using honey and enzymes. Lavender and neroli are then used in a marma point facial massage to cleanse the lymphatic system leaving you renewed and sparkling.

Vibrant Away - 110 min - \$290

An enlivening journey that sweeps you away. Zesty sea salt glow awakens your body and mind, scrubs away signs of stress, fatigue and impurities. Away's signature massage with its enticing aromas to bring deep inner calm and warmth. It starts with a mind clearing steam session and finishes with a blissfully scented himalayan crystal bath. Lightness of being, pure joy and a new you. A positive way to ignite your day!

Away Celebrations

A high point in our "celebrations menu". Sensual packages offered in a setting perfect for seduction.

Aroma Away - 300 min - \$700

A journey of pure self-indulgence.

- foot ritual
- aromatic steam session
- hot stone massage
- repairing crystal body mud wrap
- nourishing scalp treatment
- sublime facial
- hand perfection
- comfort sole
- coconut milk soak
- sensuous elixir served for an irrepressibly sexy mood

Gods Away - 300 min - \$700

A truly sybaritic encounter.

- foot ritual
- udvarthanam
- abhyanga massage
- shirovasti
- indian scalp massage
- reflexology
- detoxifying facial
- himalayan crystal bath to send you to 7th heaven

MASSAGE

Each of Away's massage techniques and treatments has its own virtue. Its own response to your body's needs and your state of mind. A massage can be a soothing, nurturing, uplifting and healing experience. If you yearn for clarity, inner harmony, and balance, a massage may be the answer.

Drift Away - 80 min - \$195

Our signature massage, combining acupressure and mesmeric strokes. Fluid movements over the body to the healing sounds of waves and crystal vibrations. Select your own aromatic oil blend to match your mood. Perfect harmony and total rejuvenation. An out-of-body voyage setting the mind adrift.

Hot Stone Massage - 80 min - \$190

Heated stone healing therapy, a tradition over 1000 years old. Combines the thermodynamic benefits of heated, ultrasoft basalt stones with the therapeutic qualities of Away's essential oils. As the stones glide over the body, they soothe, detoxify and relax.

Swedish - 50 min - \$125

A natural oil massage. Gliding strokes treating muscles, teasing tendons, slipping knots. The friction improving the circulation. Melting away the tension. Perfect relaxation.

Shiatsu - 50 min - \$125

Based on the ancient Japanese practice of unblocking and balancing energy. A blend of pressure and stretching techniques highly stimulates, heals, and restores balance. You choose deep or moderate pressure.

Foot Reflexology - 50 min - \$95

An ancient Chinese art. A foot massage using strategic pressure points. Stimulates or sedates the corresponding body organs and systems. Achieves total balance and well-being. Begins with a ritualistic scented footbath.

AYURVEDIC THERAPIES

Each of Away's traditional ayurvedic therapies has been selected to bring physical, mental and emotional balance. Seek a consultation with our specially trained therapists for a personalized program according to your own 'dosha' or select your own therapies to experience.

Abhyanga Massage - 80 min - \$190

Inspired by the time-honored ayurvedic abhyanga massage. A full body massage performed with doshic-specific nourishing warm oils. Addresses the body's individual needs, calming vata, cooling pitta, and invigorating kapha. All variations utilize unique blends of essential oils, herbs, plants, and flowers. Techniques are tailored to the specific imbalances of each dosha. With blissful rhythmic and emotional massage sequences. Begins with an aromatic steam.

Divine Shirodhara & Abhyanga - 80 min - \$250

A unique and highly traditional massage of the third eye. Considered one of the most powerful ayurvedic treatments available. Mental tension is diffused as a steady flow of warm oil is gently poured over the forehead on the third eye. Includes a divine scalp massage, healing abhyanga and a focus on marma. Culminates in a shower and an over-water soak. Nirvana guaranteed.

Ayurvedic Back and Neck Massage - 25 min - \$80

Powerful back and neck massage. A modern adaptation of an ancient massage technique practiced in India for thousands of years. The therapeutic value lies in the ability to relieve headaches, neck and back pain. Stress-away, wind down fast.

Podhikizhi Massage - 50 min - \$155

A detoxifying and rebalancing treatment using medicated powder prepared in a small linen cloth. It is then soaked in hot herbal oils and massaged onto the body. Podhikizhi is an alternative therapy to remove toxins and rebalance the body. Restores and nourishes from within.

AYURVEDIC THERAPIES

Udvarthanam – 50 min - \$155

An ayurvedic full body massage using a special herb and clay based balm. Purifying and invigorating as toxins are released from the body leaving you slimmer, enlivened and blissfully free.

Khativasti - 50mins - \$155

A localized treatment to relieve and nourish the lower back. In this treatment medicated oil is massaged and held over the effected area. This treatment maintains strong muscles and lubricates the joints to keep them pain free. Effective for those people suffering from back pain.

Shirovasthi – 25 min - \$85

An ayurvedic treatment where medicated oil is poured onto the scalp and retained on the scalp. The therapeutic effects of this treatment relieves insomnia, ear aches, and headaches.

SCRUBS & WRAPS

All body treatments are designed to increase the body metabolism and achieve a balance between therapy and relaxation. They focus on the body's deep need for detoxification, re-mineralization and hydration.

Zesty Salt Glow- 50 min - \$155

An aromatic steam session is first. Then let your senses guide your journey. Select from exotic scents of frangipani, lime and ginger, or coconut and pineapple extract. The body is then exfoliated clear of superficially flaky skin. Invigorating, Mind clearing. Last a moisturizing body lotion leaves your skin soft and glowing. A perfect add-on to any massage. Your therapist will recommend the perfect combination for you.

Jivana Body Polish - 50 min - \$155

An exfoliating and nourishing treatment to smooth and hydrate the body. Uses the hydrating properties of rosehip seed oil and the firming benefits of gotu kola and cardamon for lustrous and silky skin. Includes steam session.

D-Age Skin Repair - 80 min - \$240

An extraordinary body wrap. Rich kamani oil and walnut extracts penetrate every pore. Coupled with a highly regenerating serum which renews cells

and repairs the skin finishing in an ultra- thin, highly firming and moisturizing durable protective shield.

Monticelli Mud Wrap - 80 min - \$240

A detoxifying wrap in creamy Italian mud, enriched with famous Monticelli thermal waters. Natural extracts and essential oils lubricate. Warming and loosening muscles and joints, draining toxins and excess fluids. Highly re-mineralizing, detoxifying and decongesting. Relieves aches and pains. Followed by a massage for systematic balance and renewed energy.

Chocolate Obsession Wrap - 80 min - \$240

The choice is yours to indulge. Experience a wild raspberry sugar scrub followed by white chocolate and raspberry ripple mud wrap to soften and vitalize. Or for the pure chocoholic a coffee latte scrub and chocolate mud wrap to detoxify and calm. The pleasure is complete with a choice of raspberries and cream, after dinner mint, or turkish delight body lotion to leave your skin silky and smooth.

After Sun Body - 80 min - \$240

A cooling, healing, calming wrap. Cold compresses neutralize burns and angry skin. After-sun rescue mask nourishes with an emergency supplement. Super soothing, buttery antioxidant and aromatic body cream wraps up the pampering. Cool, calm and collected.

BATHING

Away Soak - 25 min - \$55

Immerse your senses and unwind in your own private overwater tub with infinite deep blue sea views. Select from:

honey and milk bath - nourishing
himalayan crystal salt bath - remineralizing
chocolate milk bath - indulgent
exotic coconut milk bath- escape and renew

Extra Indulgences

chocolate dipped strawberries/mango \$12 pp
fruit platter \$25
fruit sushi \$12pp
champagne \$20pp

FACIALS

Your face carries the imprint of your life's story. It recounts the adventures, the challenges and the happiness you've experienced. It makes you unique. Real intelligent beauty acknowledges and celebrates who you truly are with pride, gratitude and joy. Beauty is the external expression of internal harmony.

Away's approach to facials is low-tech and high-touch. In the classic European tradition, Away therapists combine a professional sense of touch, knowledge-based consultations and sophisticated lines of products.

Treatments are designed in specific response to your age, skin type and conditions. They are meant for both women and men. Aiming to optimize the skin's own resources and to encourage it to regain its natural beauty. After a careful and personalized consultation, your therapist will know which one of the following treatments is the most suitable for you.

Jet Away-face - 25 min - \$95

Time zone tuning to fight off fatigue and stress with chamomile, lavender and rosewood extracts. An aromatic express facial including cleansing, exfoliation, and a rebalancing mask for instant glow and freshness.

Deep Skin Resonance - 50 min - \$155

A deeply soothing facial with calendula, aloe and white tea extract. Desensitizes, heals and reduces redness. Results in calmer and refreshed skin.

Active Pureness - 50 min - \$155

A purifying treatment for oily/combo skin. Iceland lichen and natural green clay combine for an astringent and balancing effect. Smooths out skin imperfections, leaving your skin with a refined, fresh, shine-free look.

Lumière - 50 min - \$155

An exclusive combination of highly brightening pearl powder, active plant extracts and gentle kojic acid blend perform wonders in this treatment.

Lighten hyper-pigmentation. Recommended for dull skin, age spots, sun damage or pregnancy. Achieves a dazzling, radiant, porcelain-like complexion.

Water Source - 80 min - \$240

An intense hydro bath using an exclusive combination of essential minerals, collagen and enzymes. Highly moisturizing active ingredients to naturally replenish the skin's moisture levels. Restores the skin's ability to retain water and to optimize its own resources. A unique treatment for thirsty skin. Provides deep re-hydration so the skin may regain full elasticity and firmness. May be customized for sensitive skins. With add-on eye remedy, lip blooming and extra massage.

Sublime Comfort - 80 min - \$240

Away's most all-encompassing treat. A biomultiforce anti-aging treatment with an amazing wrinkle corrector. This radical skin saver is loaded with anti-oxidants, retinol, milk and soy proteins, and hyaluronic acid. A synergetic formulation and massage known to take years off in a single 80 minute session. With add-on collagen eye mask, lip blooming and extra massage. Fantastic skin energizer for all skin types.

Detoxifying Facial - 50 min - \$155

A detox face treatment inspired by Ayurvedic principles with a deep cleansing blend of honey and enzymes. Followed by a marma point massage with purifying and astringent oils to draw away toxins and stress, and a deep cleansing herbal face mask of anti-oxidant rich neem and green tea. Results in clear, cleansed and rested skin.

Male Hydro Vital - 50 min - \$155

A high-powered regimen with mega moisturizers. Pumps up expression lines, flattens out the grooves and enhances elasticity. A full-scale hydrating booster.

Male Age Defiance - 50 min - \$155

An age recovering solution with oligo-elements, collagen and elastin. Translates into fewer wrinkles, firmer skin, less sagging and a gorgeous energized glow. A perfect anti-aging treatment for men.

After Sun Face - 50 min - \$155

An intense after sun skin saver. Prevents skin irritation and minimizes the aging effects generated by UV rays. Repairs damage by free radicals with a masterful combination of antioxidants, olive oil and calendula. Immediate calming effects and skin recovery. Recommended at the end of every 'sun' day.

Zone Adds-on - \$35

Eyes & Lips Treatment : vitamin-loaded total eye remedy. Plus no-more-puffy-eye chamomile and calendula soothing gel. Plus re-plumping rich anti-dry and anti-age rose lip treatment.

HAIR

Smooth & Sheer hair - 60 min - \$80

Exotic treat. Precious highly repairing and healing ingredients mixed to nourish and condition the hair and scalp. Hair, scalp and neck are acupunctured with a coconut and plant extract conditioning cream. Cocooned in steamy towels, delicately cleansed with a yogurt, calendula and wheat protein based shampoo and lovingly dried. Distressed hair from the sea, sun and chlorine? Weak and brittle hair? Dehydrated and dry hair? Oily and dull hair? Perfect solutions for lustrous, and strong hair.

HANDS & FEET THERAPY

Hand Treat - 60 min - \$90

A luxurious soothing and enriching treatment. Hands are indulged in an effervescent mandarin and orange soak, revived with a sugar lime and pineapple scrub, deeply soothed in a reflex zone massage. Restored to youth with a repairing grape seed and licorice extract mask, enveloped in a rich repairing butter of lavender and camphor. Recommended for dry, dehydrated sun damaged hands.

Comfort Sole - 75 min - \$100

A total sublime sensory pedicure. Once soaked, buffed, scrubbed, towel-steamed, trimmed, clipped and filed, your feet are drenched and massaged on reflex zones with a blend of white tea extracts, vitamins and anti-oxidants. Wrapped in a soothing cucumber and green tea mask. Nails are topped off with the ultimate of polishing. Refreshed and weightless feet and ankles. Highly recommended

for swollen ankles, prickly feet and post-flight recovery.

Express Mani-pedi - 45 min - \$140

The perfect answer for the person who is high on need. Two therapists will pamper your hands and feet simultaneously. Double perfection and comfort.

WAX AWAY

The wax used at Away Spa is delicious chocolate and honey-based. It's soothing, low temperature and does not stick to the skin. Almost pleasant! Remove unwanted hair so you can show off Those legs and wear your bikini on the beach. We recommend that you refrain from using waxing as a hair removal method if you are sunburned.

Basic Bikini 20 min \$35

Full leg (w/o bikini) 45 min \$55

Full leg (w/regular bikini) 60 min \$60

Lower leg 30 min \$40

Underarm 20 min \$35

SPECIALS

YOGA - 60 min - \$70

Hatha yoga literally means "union". It uses breathing techniques (pranayama) and specific body postures (asanas). It increases flexibility, strength and concentration. It guides you to attain peace of mind. At sun-up and sundown, commune with nature and practice yoga on the spectacular floating platform. Take in the sea view and breathe.

CREATIVE EXPRESSION

A highlight you should experience. Unique painting sessions as a means of relaxation and creative accomplishment. A great way to explore and express yourself. De-stress and let your creative spirit fly. Paint with no concern for beauty or judgments. Express your power and emotions through brushstrokes. Let out your inner Picasso.

Per Canvas: \$50 - \$100

STEAM ROOM

Complement all traditional spa and beauty treatments with a thermal steam bath. Be transformed by the detoxifying effects of Away's scented steam room. During a steam session, toxins are eliminated and sinuses are cleared. Fully experience the calming and invigorating effect by following the experience with a cool shower. Prolong the pleasure with a rest on your extra large outdoor day bed or at the over-water bath.

WE ARE HERE FOR YOU!

Away® Spa is dedicated to your well being & Comfort

We are open 7 days a week from 10am to 8pm

We highly recommend that you book your spa treatments in advance, however walk-ins will be accommodated whenever possible.

CANCELLATION POLICY

If you have a reservation and find yourself unable to keep your appointment, or if you need to reschedule, please notify us at least 12 hours in advance. The cancellation of treatments or packages with less than 12 hours notice will result in a 50% charge. Full price will be charged for no shows.

PRE-TREATMENT

Please arrive at least 15 – 20 minutes prior to your appointment to allow time to and unwind in our Away Spa living room.

Our talented therapists are all well trained and highly professional. Unless you state a preference, bookings are scheduled with the first available therapist.

Before your massage begins, please inform your therapist of any areas to be avoided. During your treatment let your therapist know if you feel any discomfort – if you would like the pressure to be increased or decreased.

Give yourself ample time before your massage so that you can enjoy the steam room and shower.

For your comfort and privacy, throughout any of your treatments, non-treated areas will be draped with a sheet.

SPA ETIQUETTE

Please help us to sustain the benefits of your experience, and respect the comfort and tranquility of others, by upholding a peaceful environment and switching off your cellular phone.