



## MASSAGES

Rs

### **Swedish Massage (50 min.)**

4000

The classical European massage, applying long strokes and kneading to the superficial layers of muscles. It aims to relax, to improve circulation, to ease muscle aches and tension, and to improve suppleness.

### **Slimming Massage (50 min.)**

4070

Using Givenchy Body Shaping Massage Cream, this massage tackles fat accumulations, enhances the suppleness of the connective tissue and restructures the supportive tissue. It also stimulates venous microcirculation.

### **Sports Massage (50 min.)**

4000

A vigorous massage using various friction and stretching techniques. It applies mainly to aching muscles and to muscle problems encountered in the course of a particular athletic activity.

### **Relaxing Massage (50 min.)**

3750

A soothing massage which focuses on general relaxation of the body with Givenchy Relaxing Massage Cream.

### **Four Hands Massage (30 min.)**

5070

A massage composed and executed like a veritable concerto. Four hands move harmoniously and rhythmically across the body. All the muscles relax simultaneously and the spirit is set free, floating on the subtle emanations of Ylang-Ylang, a fragrant flower with multiple properties, and which has blossomed in Mauritius for two hundred years.

### **Foot Reflexology (30 min.)**

2680

Thumb and finger pressure is applied to reflex pressure points on the feet, which correspond to other specific parts of the body. Reflexology improves circulation and the functioning of the body areas linked to reflex zones.

### **Lymphatic Drainage (50 min.)**

3700

This light massage provokes cellular regeneration throughout the body, especially in areas with a concentration of the lymph nodes. It boosts lymph flow and helps eliminate toxins while acting favorably against cellulite, various oedemas and the feeling of heaviness in the legs.

### **Aromatherapy Massage with Essential Oil (75 min.)**

4635

The ancient art of aromatherapy brings about emotional as well as physical well-being through the healing, beauty enhancing and soothing properties of essential oils. The specific benefits of this type of massage depend on the careful selection of such oils. Under the guidance of your therapist.

### **The Canyon Love Stone Therapy (75 min.)**

6190

The smooth, pure and warm surface of the stones glides effortlessly on the body, creating a feeling of relaxation and well being. The objective of this massage is to balance energies, detoxify tissues, and with the use of cold pebbles in alternation, relieve muscular tension. The combination of these beneficial stones, gathered from the rivers in the American West, with draining oil especially formulated by Givenchy makes for an extremely effective massage.

### **Lomi Lomi Massage (75 min.)**

5600

Inspired by the traditional Hawaiian massage, created in the temples by the village chiefs, this massage provides a loosening of the muscles, in-depth relaxation, and harmonization of bodily functions: blood circulation and breathing. ... In Hawaii, it is called the "Loving Touch": a connection between the heart, the hands and the spirit. This treatment, rethought by Givenchy to achieve greater effectiveness, uses oil especially composed for it.

### **Sports Massage For Golfers (50 min.)**

4830

The Pre-event massage consists of deep compressions, frictions, and trigger- point pressure to warm up specific muscles, promote prevention of injuries and improve the flexibility before a round of golf. The Post-event massage will help the golfer's body to eliminate the toxins that have accumulated during the round.

### **In Room Massage (50 min.)**

If you wish, it is possible to provide some massages in your suite, where a portable massage table will be set for your treatment.

## BODY WRAP

### **Herbal Wrap (50 min.)**

3500

This aromatic herbal treatment consists in wrapping the body in towels, which have been soaked in a solution of natural herbs selected by Givenchy for their unique relaxing, soothing, re-energizing and astringent effects. This treatment is completed by tonic massage with a special dry oil which imparts a feeling of relaxation, renewed energy and well-being.

### **Algae Wrap (50 min)**

4190

The body is partially or entirely, as the case maybe covered with finely crushed imported seaweeds and is then wrapped in a heat insulating film. This treatment helps the muscle to relax, contributes to the eliminating of body toxins through sweating and remineralizes the body.

**Prices are subject to change without notice. (Inclusive VAT)**



## FACIALS

Rs

### **Preparatory Treatment: Deep Cleansing Facial (80 min.)**

4390

This deep cleansing facial is suitable for all types of skin. The Givenchy products used cleanse the face in depth by gentle exfoliation, removing dead cells from the surface of the skin. A gentle, steam-assisted massage completes the extraction process. Finally, a Givenchy mask suitable for your type of skin is applied to nourish it. The treatment aims to oxygenate the skin, by stimulating microcirculation.

### **Relaxing Facial (60 min.)**

3560

This skin-reviving treatment starts with cleansing followed by misting and then a gentle massage of the face, neck and shoulders with Givenchy Relaxing facial massage Cream. A deeply moisturizing mask is finally applied, leaving the features relaxed and the skin soft, supple and re-hydrated.

### **Power Youth- Face Revitaliser (60 min)**

3560

This skin-energizing treatment, specifically designed to combat the first signs of ageing, beginning at the age of 25, is highly recommended. It reinvigorates the skin, acting as an energy recharger and Revitaliser, and leaving the complexion looking fresh and luminous. The skin's original vitality is restored and its tone and resistance are improved, with lasting results.

### **No Surgetics Face (80 min.)**

4630

This new treatment is inspired by advanced medical techniques used in plastic surgery, with a view to fight efficiently the emergence and settling in of wrinkles. The combined use of the 3 products of the "No Surgetics" line leads to a noticeable fading of fine wrinkles and buoying-up and relaxing of the features under the effect of the collagen.

### **No Surgetics Plasti Sculpt**

5360

This treatment aims to reduce the loss of elasticity, tone and density of underlying tissues. In conjunction with a specific massage, No Surgetics Plasti Sculpt will help to firm-up, tone and develop the facial muscles and to reduce the deposits of fatty cells which change the contours of the face.

### **Lymphatic Facial (80 min.)**

3800

This treatment's objective is to detoxify tissues, and to equalize circulation of lymphatic system. By balancing the circulation of the lymphatic system. By balancing the circulation via elimination of toxins diluted in the blood, this treatment allows a rapid regeneration of the whole body.

### **Make – Up (45 min.)**

2440

## BODY TREATS

### **Body Scrub (50 min.)**

3320

A body-exfoliating session using Givenchy Body Exfoliating Cream, applied by hand massage and with soft natural bristle brushes, to clear the skin of dead cells and impurities and to eliminate rough patches. This treatment improves circulation and moisturizes the skin, leaving it soft and regenerated.

### **Exclusive Givenchy (3 Treatments, 120 min.)**

6825

The complete body-care formula combines three essential treatments, designed respectively to exfoliate, rejuvenate and moisturize the body, leaving the skin soft and revitalized.

- Body scrub to exfoliate and oxygenate

- Bathing with specific Givenchy oils to reconstitute the hydrolipidic layer of the skin.

-Hydrating Wrap - the body is covered with Givenchy Moisturizing Bath Cream, providing a spectacular rehydration of the epidermis, while lying on a water-bed which massages your body with multiple water jets, thus relaxing your muscles loosening tension.

### **Hydrating Body Wrap (30 min.)**

2775

Lying on a water-bed, the body is coated with Givenchy Moisturizing Bath Cream wrapped, then massaged by multiple water jets. This treatment aims to relax muscles and eliminate tension.

### **Hydrotherapy Massage (30 min.)**

2440

The bathtub has 180 powerful water jet nozzles aimed at various parts of the body. Bath with Specific Givenchy oils to build up the hydrolipidic layer of the skin.

### **Pressure Therapy (30 min.)**

2675

A logical follow-up to lymphatic drainage and circulation-enhancing massages, pressure therapy using inflatable pads. Helps to improve lymph and blood-vein circulation. The effect of the treatment is enhanced by Givenchy leg shaper, which causes a cooling sensation leading to constriction of the vessels.

### **No Complex Body (50 min.)**

4390

A great first, this treatment uses four different products to slim down the buttocks, the thighs, the abdomen and the waist, and to tone up the neck line and the breasts. The objective is to firm make up skin tissues firmer, stimulate the fibres that support the skin, drain retained water and leave you feeling free and self-confident.

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