



SPA TREATMENTS

ST BARTH SOFTNESS / 30 Min. € 65.00

Nourishing body peeling massage with coconut oil, fresh papaya and extra-fine sea sand.

ST BARTH ELASTICITY / 30 Min. € 75.00

Body mask with clay and fresh ingredients such as pineapple or cucumber.

ST BARTH DREAM / 20 Min. € 35.00

Nourishing & moisturizing milk bath.

ST BARTH SLIMNESS / 30 Min. € 65.00

Soothing and relaxing leg massage.

ST BARTH SENSATION / 60 Min. € 95.00

Luxurious body mask with pampering relaxation massage.

ST BARTH HARMONY / 60 Min. € 90.00

Pampering body massage.

ST BARTH PURENESS / 90 Min. € 115.00

Facial and décolleté treatment with hand massage.

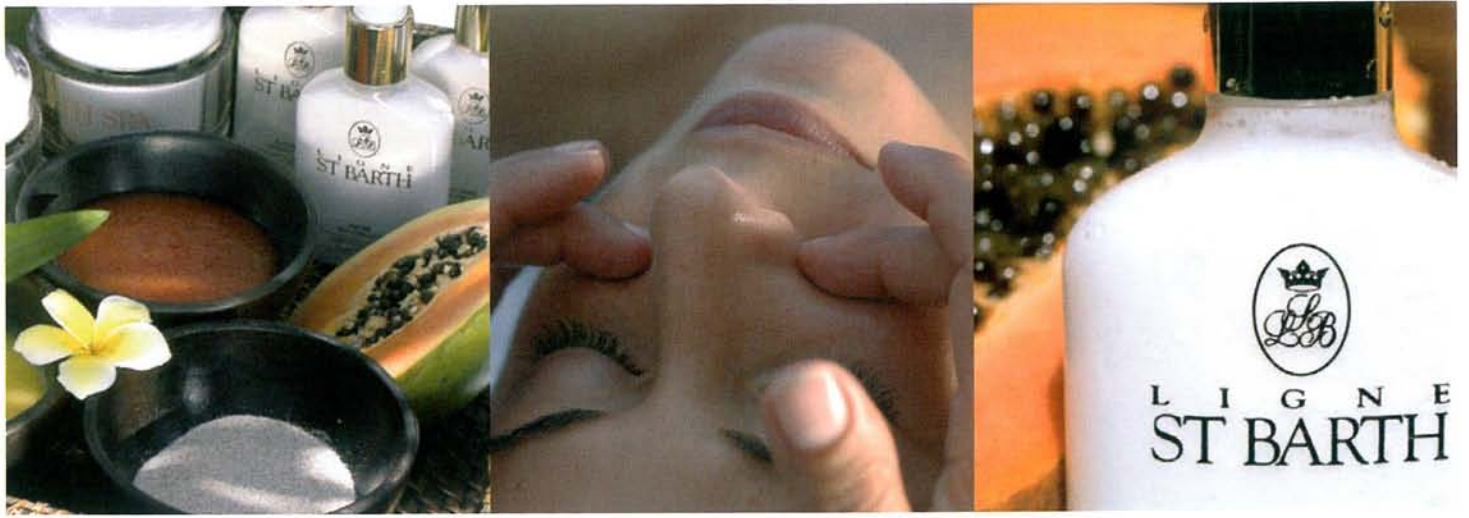
ST BARTH FRESHNESS / 90 Min. € 150.00

Facial and décolleté treatment with fresh exotic ingredients and a nourishing hand massage.



TAKE THE LIGNE ST BARTH EXPERIENCE HOME WITH YOU, SPA PRODUCTS ARE FOR RESALE ON COUSINE ISLAND. PRICES CAN BE OBTAINED FROM THE SPA THERAPIST.

www.lignestbarth.com



SPA MENUS

FLAMMANDS

3.5 hrs € 300.00

ST BARTH SOFTNESS

ST BARTH ELASTICITY

ST BARTH HARMONY

ST BARTH FRESHNESS

LORIENT

2.5 hrs € 200.00

ST BARTH HARMONY

ST BARTH FRESHNESS

GOUVERNEUR

2 Days € 360.00

1st Day ~ 2 hrs

ST BARTH DREAM

ST BARTH PURENESS

2nd Day ~ 2 hrs

ST BARTH SOFTNESS

ST BARTH ELASTICITY

ST BARTH HARMONY

SALINE

3 Days € 550.00

1st Day ~ 2 hrs

ST BARTH SOFTNESS

ST BARTH FRESHNESS

2nd Day ~ 3 hrs

ST BARTH DREAM

ST BARTH SENSATION

ST BARTH PURENESS

3rd Day ~ 1.5 hrs

ST BARTH ELASTICITY

ST BARTH HARMONY

COLOMBIER

4 Days € 750.00

1st Day ~ 2 hrs

ST BARTH SOFTNESS

ST BARTH ELASTICITY

ST BARTH HARMONY

2nd Day ~ 2.5 hrs

ST BARTH SENSATION

ST BARTH PURENESS

3rd Day ~ 2 hrs

ST BARTH DREAM

ST BARTH ELASTICITY

ST BARTH HARMONY

4th Day ~ 2.5 hrs

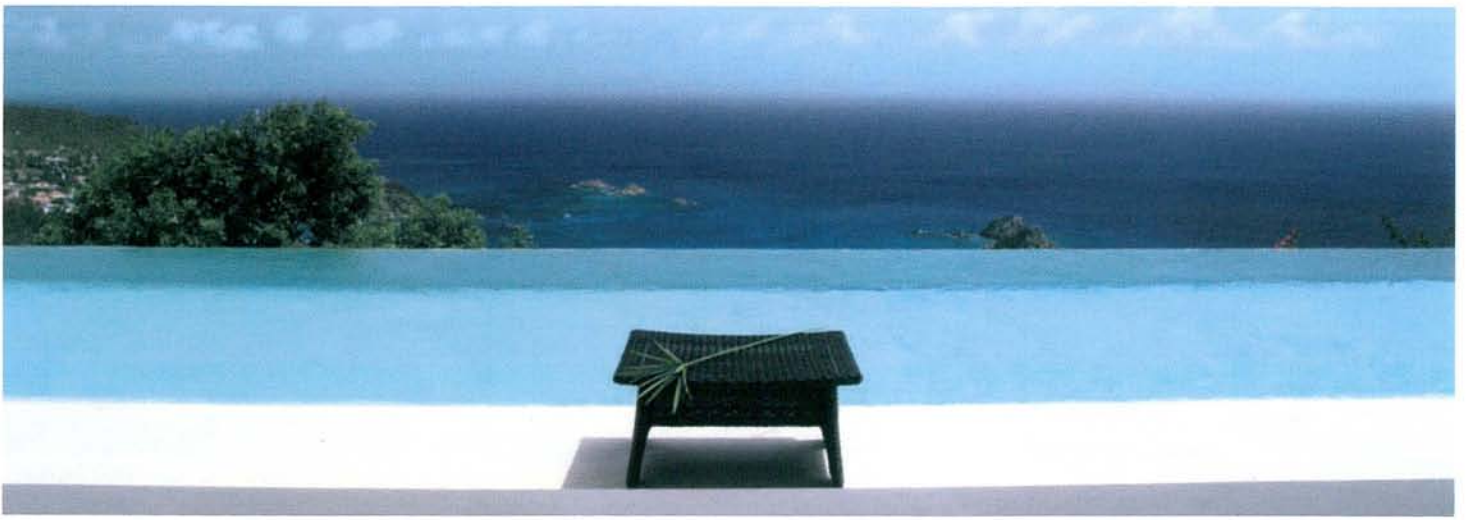
ST BARTH HARMONY

ST BARTH FRESHNESS



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GENERAL SPA INFORMATION

OPENING & CLOSING TIMES

The spa is open daily from 10:00 and the last appointment will be taken at 17:00; should you wish to have a treatment before opening or after closing time, please arrange with the therapist 1 day in advance.

SPA APPOINTMENTS & RESERVATIONS

We recommend scheduling your spa treatments in advance or as soon as you arrive on Cousine Island. For spa package menu appointments please email Janine on cousine@seychelles.net or call +248 321107 prior to arrival to avoid disappointment.

CANCELLATION POLICY

Please provide 4 hours notice should you need to cancel or reschedule your appointment. You will be billed 50% of the reserved treatments should you provide less than 4 hours notice. You will be billed 100% of the reserved treatments should you provide less than 2 hours notice or if you do not show up for your appointment.

The length of your appointment will be the time allocated for your treatment/s. Please arrive 5 minutes early for your appointment to avoid cutting into your treatment time. Late arrivals will result in shortened treatments.

SPA ETIQUETTE

Appointments: The length of your appointment will be the time allocated for your treatment/s. Please arrive 5 minutes early for your appointment to avoid cutting into your treatment time. Late arrivals will result in shortened treatments. Dressing and undressing: You should get undressed completely for dry treatments (such as massage) where a drape is placed over your body in order to protect your dignity (you may wear your underpants or a disposable is provided). In the case of wet treatments such as body scrubs and body packs, you will not be draped but disposable underpants are provided. You may leave your bottom garments on for a facial but it is necessary to remove your top garments. The spa bathroom is provided for undressing and a bathrobe is provided for moving between rooms. During the treatment the therapist will be discreet at all times. Please have a shower before you have your spa treatment to rinse off sand and sun lotion.

Communication: Give your therapist feedback. Let her know before the treatments start if you have any special needs or disabilities so that your visit is comfortable, communicate your preferences so that the therapist knows what you like and don't like eg. if you don't like your feet or stomach massaged. During the treatment it is preferred to have silence while the light tranquil music let you float into a relaxing and peaceful sleep.

Spa treatments & meals: It is recommended that you wait at least 1 1/2 hours after eating before having a spa treatment.

