



A Private Island Home

MARINA PRICE LIST

May/2011

Frégate Marina

Seasonal information

Whilst all times are good to visit Fregate Island Private, the specific interests of the guests and the activities they may wish to indulge in should determine the time that they are going to visit us.

For Diving and Fishing

The period between October and May is called **the Northwest Monsoon** in Seychelles.

This season is characterized by the lack of wind. Ideal, calm sea conditions normally prevail, and this favours big game fishing, snorkelling and diving. Underwater visibility is at its best. The Northwest Monsoon is the period of highest humidity, and is also the rainy season for this region of the western Indian Ocean. Tropical Monsoon rain usually falls as heavy, short, sharp showers...after which the sun reappears and the vacation continues. Rains lasting for longer periods are not usually encountered more than a couple of times during the rainy period of the year.

Rain can fall in any month between October and May.

Land activity season

The period between May and October is called the **South East Monsoon** in Seychelles.

This season is characterized by the steady, daily South East Trade Winds which tend to make for rough sea conditions.

Water sports like sailing and windsurfing are popular activities at this time but good snorkelling, diving and fishing are less likely due to the rough sea conditions and impaired underwater visibility. Rainfall is minimal during this season, whilst humidity is at its lowest level. During the South East Monsoon the currents are usually very strong and swimming is therefore recommended at the Marina Beach or in one of our swimming pools.

There is almost never a day that Fregate's beaches do not constitute one of the major attractions of the Resort, whilst walking the trails and the unique Nature Experience are outdoor activities always to be enjoyed during any season.





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PADI Courses

The Dive Centre at Frégate Island Marina offers various diving courses and certifications, and all guided dives are conducted from one of our dive vessels. There are numerous beautiful sites, which are exclusive to Frégate Island guests, and suit all levels of diver from beginner through to experienced. A PADI Instructor will accompany you on each dive. Certified divers are required to show proof of certification before diving.

For those interested in exploring the underwater realm, our Instructors offer all PADI dive courses as well as special programs and certifications for children. A complimentary introduction to scuba is available, enabling you to experience the sensation of breathing underwater before you decide to take a course.

PADI Discover Scuba Diving

Limited license to dive supervision incl. Pool Training and 1 dive
Valid for 14 days only

1 DAY

SCR. 4,400.00

PADI Scuba Diver

PADI basic certificate incl. Crew Pack, Pool Training and 2 dives

2 DAYS

SCR. 7,900.00

PADI Open Water Diver

PADI diving certificate incl. Crew Pack, Pool Training and 4 dives

4 DAYS

SCR. 13,100.00

PADI Advanced Open Water Diver

Certification and introduction to 5 different specialty areas incl. Crew Pack and 5 dives

3 DAYS

SCR. 11,800.00

Scuba Review Program (i.e. refresher course)

It entails a theory part and a pool session part.

SCR. 4,400.00

Specialty Courses

Certification in all chosen specialty area

Choose from NAVIGATION, NATURALIST, and photography, wreck dive

Discover Frégate Unique Dive sites

Short Range Dive

15minutes drive

SCR. 2,600.00

Mid Range Dive

30 minutes drive

SCR. 3,900.00

Long Range Dive

Up to one hour dive

SCR. 4,800.00

Dive Packages

5 dives/short range

SCR. 12,300.00

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Diving Charters

Full and half day, two and three tank dive charters are available to certified divers. This is a great opportunity to dive some of the famous sites around Praslin and La Digue from the comfort of your own dive boat.

Soft drinks, fresh fruits and towels are supplied. If you are out for the day, then why not take a picnic lunch to enjoy on one of the beautiful Seychelles beaches? Our dive staff at the Marina can arrange details and itineraries.

CHARTERS AND EXCURSIONS



Big Game Fishing - Deep Sea Fishing & Boat Charters

From the comfort of one of our fully equipped fishing vessels, both expert and novice fishermen can enjoy the excitement of deep-sea fishing in one of the richest fishing grounds in the world. Help is always on hand from our experienced crew. Yellow-fin tuna, Dorado and Wahoo are common catches. Sailfish and Marlin are caught out on the banks and we do our best to release any Billfish. Refreshments of your choice and a picnic hamper are provided and on your return to Frégate Island, our Head Chef will gladly prepare your catch according to your taste.

Half Day Fishing/Boat Charter
Full Day Fishing/Boat Charter

5 Hours
8 Hours

SCR. 20,500.00
SCR. 31,000.00

Half-day fishing charter within 10 nautical miles of Frégate Island "GO FOR THE BIG ONE"
Sensational fishing from the edge of the continental shelf

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Inner Island Excursions

Discover the inner islands of the Seychelles from your private boat. Visit Praslin Island the home of the unique Coco de Mer, This extraordinary tree and other rare palms can be seen within the Vallée de Mai, which was claimed by General Charles Gordon to be the original Garden of Eden when he visited in 1881. The tranquil island of La Digue can be explored by bicycle or by traditional ox drawn cart. The famous beach, Anse Source D'Argent is simply stunning and a stop at the Veuve Reserve to see the rare Paradise Flycatcher is well worthwhile. Horseback riding is also available here. Snorkelling at the Marine Reserves of Coco Island and Saint Pierre are also recommended. Private beaches, secluded bays and the true beauty of these islands are yours to experience on your private charter. Refreshments and gourmet picnics can be provided. For more information, please contact our staff at the Marina. They will be glad to help you arrange a tailored itinerary to suit your needs.

Praslin Island	SCR. 20, 400.00
La Digue Island	SCR. 18, 360.00
Mahe Island	SCR. 24, 480.00
Combined Trip La Digue/Praslin Island	SCR. 24, 480.00

Picnic lunches and drinks are supplied for all our boat charters and excursions. To ensure availability, bookings should be made twenty-four hours in advance.

Round Frégate Tour 1½ Hours **SCR. 8,900.00**

Admire the breath-taking landscape of Frégate Island from our speedboat (**Dive Fregate or Boston whale**). View some of the Seychelles' most attractive beaches and scenery from the water.

Picnic lunch and refreshments are supplied at your request.

Sunset Cruise approx. 1 Hour **SCR. 9,800.00**

Enjoy one of Fregate Island spectacular sunsets at sea while you relax on board of one of our vessels (**Fregate Bird or Little Fregate**). Complimentary House Champagne and canapés provided.

Snorkelling Trip 1½ Hours **SCR. 3,500.00**

Experience the pristine underwater sites around Frégate Island, accessible only by boat. Cool drinks and fresh fruit are on hand for your refreshment. One of our PADI dive instructors will gladly serve as a guide if requested.

Sashimi Cruise **SCR. 17,000.00**

Leave from island in the late afternoon and go fishing, on the way enjoy cocktail and canapés, fully set table on the boat the chef prepare the fresh catch and serve as Sashimi and Sushi straight on the boat, return to resort and enjoy Coffee and Dessert in the Yacht Club or at the Plantation House, preferable for guests with a little boat and sea experience.





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Water Sports

Hobbie Cats, Sunfish, kayak and Windsurfing Boards are available to sailors of all skill levels. If you are inexperienced, a competent member of the Marina staff, who can offer basic instruction and techniques, will accompany you. In the interest of safety, a maximum of three people at a time can use the Hobbie Cat. A support vessel is on standby during all sailing activities. For children there is an Optimist dinghy, which can be enjoyed in the safety of the Marina basin. Bookings for sailing activities should be made in advance as they are subject to weather conditions.

Cancellation Policy for Boat Charters

Any cancellation received less than 24 hours from the start of the scheduled trip will be charged the full amount of the first day of the charter. There is no charge for rescheduling an exclusive charter provided that the day requested is available. Fregate Island Private reserves the right to cancel or postpone a charter due to mechanical problems or poor weather. No charge will be incurred by our guests should these circumstances arise.

In any event, we will do our best to accommodate you and get you out on the water!

