

MAIA SPA – MENU

COMPLIMENTARY SESSIONS

Morning movement sessions run every morning at 8.00 am, an ideal way to start the day.

Accompanied Yoga

Traditional Hatha breathing and stretching postures to improve your mobility and to bring clarity of mind.

Self Shiatsu

These gentle movements open the meridians to improve and maintain your overall well-being and health.

Qi Gong

A meditative introductory session that focuses on increasing circulation around the body.

Private Session

30 minutes SCR 720
60 minutes SCR 1,350

TREATMENT COMBINATIONS FOR PURE PLEASURE

Morning Magic at Maia

60 minutes accompanied yoga session, followed by 90 minutes massage of your choice.

180 minutes SCR 3,060

Island Pleasure

Polish and exfoliate your skin with your choice of body scrub, bath and 90 minutes massage.

150 minutes SCR 3,420

Add a Sea Mint and Clay Cocoon

+ 30 minutes + SCR 810

Add a La Prairie Caviar Firming Facial

+ 90 minutes + SCR 2,700

Mahé

A 75 minutes massage followed by a 90 minute La Prairie Cellular Facial.

180 minutes SCR 3,780

La Digue

An invigorating and cleansing white herbal tumeric body exfoliation, your choice of bath, followed by a La Prairie Caviar Firming Facial.

150 minutes SCR 3,780

Anse Louis

Cooling, hydrating gel with a natural banana leaf wrap including foot massage with refreshing foot mask and followed by After Sunset Facial. Add a Coconut Scrub

120 minutes SCR 2,790

+ 45 minutes +SCR 1,080

MASSAGES

Massage Rejuvenation

A series of ten massages to enjoy throughout your stay.

10 x 90 minutes SCR 17,820

Maia Signature Massage

A unique fusion of consistent pressure, long strokes and gentle stretching blended with a soothing, rhythmical flow of delivery to ease muscle tension.

75 minutes SCR 1,620

90 minutes SCR 1,980

20 Dancing Fingers Massage

Two practitioners work together in harmony with even and consistent pressure, long strokes, and gentle stretching over the whole body.

60 minutes SCR 2,700

Intuitive Massage

Advanced techniques and personal intuition melt into creative sessions to release tension. Yoga-influenced stretches offer new ways to release back stress while the guest lies comfortably facing upwards.

90 minutes SCR 1,980

Muscle Relaxing Massage

A deep massage focusing on knotted muscles and tension.

60 minutes SCR 1,350

Gentle Soul Massage

For massage connoisseurs, this massage takes place on a floor mat with no oil. Full-palm pressure, synchronized with the breath, moving deeply and gently into tired muscles.

60 minutes SCR 1,350

Dancing Fingers Massage

Massage is a traditional art where firm techniques use thumb pressure, deep presses and gripping techniques along the meridians of the body to release energy and improve circulation. Minimal oil is used.

75 minutes SCR 1,620

90 minutes SCR 1,980



LA PRAIRIE FOR THE FACE

<i>Pure Gold Radiance Facial</i> La Prairie's newest gold standard for anti-ageing. Pure gold drops of Cellular Radiance Concentrate Pure Gold visibly lifts, firms and brightens the skin. Gentle heat and selected masks penetrate deep into the skin, leaving it smoother, more radiant and vibrantly alive.	90 minutes	SCR 2,880
<i>Caviar Firming Facial</i> Pure luxury that instantly firms skin, giving it a more perfect tone and texture. Caviar pearls and a Caviar infused face and eye massage transform even the dulliest complexions into radiant, luminous skin.	90 minutes	SCR 2,700
<i>Swiss Cellular Anti-Aging Facial</i> Actively delays the effects of premature aging, retexturizes and helps to renew surface skin. It smoothes the appearance of fine dry lines and wrinkles with La Prairie's breakthrough Anti-Aging Intervention technology, while pores seem to be reduced. Your face will glow brighter, younger, healthier.	90 minutes	SCR 2,520
<i>Marine Youth Protection Facial</i> Super-hydrating, restorative and age-defending, the ultra-pampering one and a half hour holistic facial treatment is revitalizing. Focusing on the Advanced Marine Biology Collection with a wide range of La Prairie's marine-enriched and youth-maintaining products, it hydrates, firms and soothes the skin. A unique experience of ocean bliss.	90 minutes	SCR 2,520
<i>Cellular Hydrating Facial</i> The most dramatic results for stressed, fatigued skin. This intensive treatment combines energizing masks and massages with the revitalizing benefits of Cellular Cycle Ampoules for The Face, La Prairie's most exclusive cure.	90 minutes	SCR 2,520
<i>After Sunset Facial</i> This special face program is designed to repair and counteract the effects of the sun and the sea, as well as produce a complete sense of well being. This is achieved through alternating warm and cold treatments, accompanied by draining techniques to reduce sun-induced puffiness and a tantalizing "butterfly" face massage.	60 minutes	SCR 1,980

LA PRAIRIE FOR THE BODY

<i>Caviar Body Treatment</i> Luxurious caviar – nature's most exquisite bounty – is the source of this exclusive nourishing and energizing total body massage. This ultimate firming treatment leaves skin shimmering with renewed vitality, improved elasticity and an overall sense of well-being.	90 minutes	SCR 2,790
<i>Cellular Detoxifying Back Treatment</i> Men and women alike will benefit from this intense treatment for the back. The cleansing, exfoliating and regulating mask application purifies and pampers this often neglected area, while a heavenly foot and hand massage lets you drift away.	60 minutes	SCR 1,980

LA PRAIRIE FOR MEN

<i>Swiss Cellular Facial for Men</i> Instantly cleanses, energizes and conditions skin. The balance of the skin seems to be renewed and restored, helping to return the skin back to normal. La Prairie's exclusive Cellular Complex and Cellular 3-Minute Peel combine to bio-energize the skin and eliminates congestion and skin impurities to reveal younger, fresher-looking skin.	60 minutes	SCR 1,980
<i>Complete Treatment for Gentlemen</i> Muscle relaxing massage on the whole body, followed by pedicure and refreshing foot massage and mask. Add a Swiss Cellular Facial	150 minutes + 60 minutes	SCR 3,510 + SCR 1,980

BODY EXFOLIATIONS

A fusion of pure, natural and organic ingredients to gently cleanse the skin. 45 minutes SCR 1,080
White herbal turmeric
Fresh sea mint
Natural coconut and vanilla

These body exfoliations can be combined with the bath or body wrap of your choice.

NATURAL AROMATHERAPY OR HERBAL BATH

Offered in the SPA or in the privacy of your villa. SCR 450

Maia Signature Bath

Blends of Ylang-Ylang, Sandalwood and Bergamot to clear mind, body and soul.

Indian Ocean Rhapsody Bath

Blends of Lavender, Geranium and Sandalwood to calm and soothe your senses.

Island Spirit Bath

Blends of Bergamot, Orange and Ylang-Ylang to uplift and energize.

Eden Bath

Blends of Lavender, Eucalyptus and Geranium to provide recovery from jet lag.

Island Rendez-vous Bath

Blends of Eucalyptus, Peppermint and Lavender to clear sinuses and colds.

Island Dream Bath

Stimulating peppermint and tangerine soak to add warmth and radiance to the skin.

Takamaka Bath

Deep cleansing lemongrass and chamomile soak, to soothe and relax tired muscles.

Frangipani Bath

Bubble bath with wild honey and frangipani to replenish and rejuvenate the skin.

Tropicana Bath

Hibiscus and Coconut Milk bath to moisturize dry skin.

SALON CARE

Manicure

Professional salon care and polish for hands
Hydrating paraffin mask for hands

60 minutes SCR 1,350

+ 15 minutes + SCR 360

Pedicure

Professional salon care and polish for feet
Hydrating paraffin mask for feet

60 minutes SCR 1,350

+ 15 minutes + SCR 360

V. I. K. AT THE SPA (VERY IMPORTANT KIDS)

Massage with Lavender oil

30 minutes SCR 810

60 minutes SCR 1,350

Cleansing foot bath, massage and painted foot mask

30 minutes SCR 810

A choice of nail polishes for the fingers and toes

30 minutes SCR 810

Chocolate Milk Bath or Banana Split Bubble Bath

15 minutes SCR 450

Gentle skin cleanse with a fresh coconut scrub

30 minutes SCR 810

Prices are non-inclusive of service charge and government tax

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