



NORTH ISLAND ACTIVITIES

The activities on offer on North Island are designed to give our guests the opportunity to enjoy the Island and its magic either under guidance from one of our hosts, or to give you the complete freedom to move around the Island at your own pace, either on foot, on our mountain bikes or by Island Buggie. These activities will have a minimal impact on the environment whilst providing the thrill and enjoyment of entertainment and exercise.



- Scuba diving: Seychelles forms part of the world's longest coral reef system and has some of the world's best scuba diving sites. Numerous dive sites have been identified around North Island and its nearest neighbour Silhouette Island. We offer a "guided" scuba experience and our dive masters and instructors are not only experts in scuba practices but also in the underwater universe. PADI Open Water dive courses are offered while on the island. The Dive Centre is fully equipped with the latest BCD's, regulators, wetsuits, fins and masks. Guests wishing to dive need not bring their own hard or soft gear.

- Snorkelling: there are good snorkelling sites around North Island and Silhouette Island. Masks and fins are available at the dive centre if you wish to explore these sites, either on your own or in the company of a staff member (depending on your snorkelling skills).
- Sea kayaking: those wishing to explore the Island from the water are able to do so using sea kayaks with all necessary tuition and guidance provided.
- North Island Gym: is air-conditioned and is situated near the main swimming pool.
- Island bicycles: are available for guest use and are suitable for getting from one side of the Island to the other with ease.
- Island Buggies: each Villa has its own dedicated Island Buggie. These specially adapted electric carts look like miniature 4 X 4s that give our guests the freedom to move around the Island with ease.
- North Island Sunset Bar: a walk along Grande Anse Beach as the sun sets is an enlivening experience not to



be missed - especially as the Sunset Bar lies at the end of the walk. This simple, rustic bar is located just above the high water mark on the northern end of Grande Anse. Drinks and light snacks can be served for those wanting to enjoy this beach.

- Fly-fishing: is an option for any guest. North Island has fishing rods, tackle and flies in stock for guest use. However, we recommend that serious fly-fishermen bring their own rods and tackle.
- Trips to Silhouette Island: located some five kilometres to the south, Silhouette Island is a soaring granite island, whose peaks are constantly enveloped in clouds. The granite cliffs drop sharply into the sea. Silhouette Island has few beaches, though there are some wonderful tiny coves with remote beaches that are worth exploring. Silhouette Island's attractions include an excellent example of a Seychelles plantation house (built in 1850), now a museum, and the remains of its once thriving copra processing plant. Ron Gerlach is the resident ecologist and runs a breeding programme for the highly endangered Seychelles giant tortoises and terrapin. His immaculate research centre is worth a visit and, depending on the time of the year, you may see turtle eggs (Hawksbill and Green turtles) being incubated. For the energetic and fit, Silhouette Island has some challenging hiking trails.
- Boating and island hopping: Boating around North Island or other trips could include visits to Mahé and the outer islands, including the spectacular bird islands, Arid and Cousin, and can be arranged at an extra cost.