

Just play!

ACTIVITIES



Burn

GYM

Welcome to the urban activity jungle.

Open 24/7, the state-of-the-art fitness facilities and personal trainers will help you push the limits.

If you prefer to train as a group, our high adrenaline fitness classes will be just what you need!

FOC



Outdoor Yoga

GROUP CLASSES

Embrace the elements and step into a world of Zen!

With picturesque views all around you, try out one of our outdoor yoga classes with our resident yogi. Yoga experiences on Kandima are anything but ordinary!

FOC



Indoor Yoga

GROUP CLASSES

Awaken your senses and embark on a
journey of transformation!

Geared to cater to Yogi's of all levels,
our group Yoga classes are a must try!

FOC



Aqua Spin

GROUP CLASSES

Aquatic training with a twist!
This low impact, high intensity
workout combines aqua cycling and
circuit training alongside water
resistance, giving you a total body
workout.

Workouts have never been this kool!

USD 30 ++ per person



POUND Fit

GROUP CLASSES

Sweat, Burn & Rock on!

POUND is the world's first cardio jam session inspired workout routine!

Using light weighted drumsticks called Ripstix, this full body workout is a combination of strength training, cardio, yoga and pilates.

Warning: Highly Addictive!

FOC



Boxing Zone

KICK BOXING CLASSES

High energy cardio programs designed to unleash the fighter within!

An extreme total body workout using explosive strength training and calorie burning aerobics, this is the best way to blow off some steam while getting in shape!

FOC



Beatz

DANCE FITNESS CLASSES

Ready for a high intensity, calorie burning dance party? Out with the boring fitness routines, lets sweat it out with Beatz!

- Charges Apply -



Amazing Race

MINI TRIATHLON

Up for a challenge?

Run, Swim and Paddle your way to
the finish line!

FOC



Cooking

CLASSES WITH K' CHEFS

Wanna know the secret behind our lip-smacking dining delights? Sign up for a cooking class with our chef's and learn a thing or two on how we cook Kandima Style!

USD 95 ++ per person

Includes recipe booklet, meal, welcome drink, certificate and K' Apron



Cocktail

CLASSES WITH K' MIXOLOGISTS

Master the art of mixology!
Armed with an arsenal of spirits, step
behind the bar and learn how to flair
up the ultimate cocktail!

FOC



Art

CLASSES WITH THE RESIDENT ARTIST

Unleash your creativity at our oh-so kool
Art Studio!

Take a class with our resident artist and
have a go with the paint brush.

Set across a beautiful natural lake, you
wouldn't need to look far for inspiration...

USD 35 ++ per person



Get Active

Team up, get kitted out and make the most of our on-site activities such as Beach Volleyball, Beach Soccer or why not challenge the K' Krew to a Water Volley Match?

FOC



Get Fit

Sweat, build and burn!
Check out our range of weekly fitness
classes available at Your K'nd of Place

Hit Classes
interval Training
Island Jogging
Kettle Bell Session

USD 45 ++ per person
Personal training bookings available (charges apply)



Indoor

Our HQ is not just a place you visit during check in and check out. Here, things are done in true Kandima style. The games room offer a stylish setting where you can relax, meet, mingle or play!

Table Tennis
Board Games

FOC